

**The Skating Club of Wilmington, Inc.
is proud to present:**

2024

**Learn-to-Skate and Bridge
SKILLS CHALLENGE**

Open to Participants in SCW's

Learn to Skate Basic Skills and Bridge Programs

("In-house" SCW only event)

WEDNESDAY, MAY 22nd

6:10-8:30 p.m.

Medals awarded for 1st, 2nd, 3rd places

All subsequent placements will receive an award

All participants will also receive a gift certificate

for a 30-minute private lesson with a LTS coach of your choice

**Please review complete announcement that follows, and register with the QR code
below:**



Important Information

- Learn-to-Skate Basic Skills Skaters (ages 3-14) compete at their **current participation level** (testing won't have occurred by deadline; the purpose is to challenge the kids to work at their class skills; even if they are not meeting a passing standard, they will benefit from the experience and additional practice at their current skill level.
- Adult Skaters (ages 15+) have the option of competing **at their current participation or the highest level passed**. This allows more flexibility for adults who classes have mixed levels.
- Bridge Skaters and Bridge level skaters (Basic 5 through Free Skate 6) have the option to compete at their highest level passed OR their current level; skater chooses)
- Participants must be a member of SCW's Basic Skills or Bridge Program during the 2023-2024 season; **participation in the Spring series is strongly recommended!**
- Registration fee is \$15 for First event; \$5 for each additional event (additional event applies to skaters Basic 5 & up only)
- Complete registration application here: <https://forms.gle/7FeDVWqueE2four9>

Events Offered

Snowplow Sam (ages 3-5 years):

- March in place
- March forward into 2-foot glide
- Dip (in place or moving)
- Forward Swizzles (2 or more)

Basic 1:

- March or skate into 2-foot glide
- Forward Swizzles
- Gliding Dip
- Backward wiggles

Basic 2:

- Rocking horse
- Backward Swizzles (at least 6 in a row)
- 1-foot glides, Right and Left
- Moving Snowplow Stop

Basic 3:

- Forward Slalom
- Forward Stroking - showing correct use of blade
- Forward Pumps on a circle (6-8, both directions)
- Moving 2-foot turn – choice of direction

Basic 4:

- Forward Crossovers (6 in a row; both directions)
- Backward Pumps on a circle (6-8 in a row, both directions)
- Back 1 foot glide, L and R
- Forward Outside and Forward Inside glides on a circle (both directions)

Basic 5:

- Back Outside and Back Inside glides on a circle (both directions)
- Backward Crossovers (6 in a row; both directions)
- Forward Outside 3-turn (L and R)
- 2 Foot Spin

Basic 6:

- Forward Inside 3-turn (L and R)
- Bunny hop
- Forward Spiral (L and R)
- Beginning 1-ft. Spin

Adult levels compete at current participation level or highest level passed

Beginning Adults - Adult 1-2 (ages 15 & up):

- Forward Swizzles
- Forward 2-foot glide
- Rocking Horse (2-3 sets)
- Moving Snowplow Stop

Adult 3: (ages 15 & up)

- Forward Stroking with Correct Blade Use
- Forward 1/2 Swizzle Pumps (both directions)
- Backward Skating into 2-foot glide
- Moving 2-ft turns

Adult 4: (ages 15 & up)

- Forward Crossovers (both directions)
- Backward 1/2 Swizzle Pumps (both directions)
- Back one foot glides (R & L)
- Forward Inside Edges

Adult 5: (ages 15 & up)

- Forward Swing Rolls
- Backward Crossovers (both directions)
- Forward Outside 3-turns (R & L)
- 2 Ft. Spin

Adult 6: (ages 15 & up)

- T-stop (R or L)
- FI 3-turns (R & L)
- Forward Stroking with Crossover ends (Counterclockwise)
- Back Stroking

Pre-Free Skate (Bridge skaters):

- Back Outside Edge to Forward Outside Edge transitions (both directions)
- Waltz Jump (Standstill)
- Back Outside Edge extensions (landing glide positions) on circle (both directions)
- 1-ft. Spin

Free Skate 1 (Bridge skaters)

- Toe-loop
- Waltz Jump/Waltz Jump sequence
- Upright Spin (free foot position optional) from back cross-over wind-up entry
- Back Outside 3-turns (R and L)

Free Skate 2 (Bridge skaters)

- Salchow
- Beginning Back Spin (entry and free leg position optional)
- Back Outside and Back Inside Edges
- Forward Outside and Inside Alternating Spirals

Free Skate 3 (Bridge skaters)

- Loop Jump
- Advanced Back Spin (free leg crossed and exiting on back outside edge)
- Waltz Jump/Toe-Loop Combination or Salchow/Toe-Loop Combination
- Alternating Mohawks (4 sets, 2 of each)

Free Skate 4-6 Combined (Bridge skaters)

- Loop/Loop Combination Jump
- Camel Spin
- 5-step mohawk (2 sets each)
- Waltz Jump/Euler/Salchow Jump Sequence

Additional Optional Events for Bridge Skaters

Shoot-the-duck Contest: Who can hold a complete shoot-the-duck the longest?!

Upright Spin Contest: Judges will evaluate # of revolutions, quality of position, speed and centering to determine the best spin overall! Each skater gets two tries! (2 ft. spin, 1 ft. spin, Scratch spin, Back scratch, and other acceptable upright spin positions are allowed)!

Jump Combination Challenge: Skaters will have 2 tries to perform their favorite 2 or 3 jump combination; skaters will be judged on approach, quality of take-off, air position, landing security and position, height, distance, and flow. The difficulty of the jumps used is not considered.

Pre-Preliminary Skating Skills (*this event is a 'test prep' event, so eligible participants may not have passed the Pre-Pre Skating Skills test*)

- Clockwise Forward Stroking pattern
- Back Inside Edges
- Pre-Pre SS - Forward Spiral pattern
- Waltz 8 (2 full figure 8s/4 circles)

Bridge "Interpretive" Improv Program (artistic routine created by skater)

Judged on expression of the music – jumps and spins are allowed but their technical value is not considered – this event is about musical interpretation and choreographic artistry. Skaters will have a warm-up where the music is played 3 times, then each will perform individually; as skaters wait their turn, they will not be able to watch other skaters until after they perform.

Group A: passed Basic 5-Free Skate 1 Group B: passed Free Skate 2-Free Skate 6

APPLICATION DEADLINE IS MAY 1, 2024

Questions? Please email Jennifer Eppes, Skating director at scw.learntoskate.aspire@gmail.com