



## SCW's ASPIRE PROGRAM

SCW's Aspire program is an extension of our group lesson program, bridging the gap from "Basic Skills" recreational ice skating to beginning figure skating. Utilizing Learn to Skate USA's Free Skate curriculum, classes focus on essential skating skills, jumps, and spins that are necessary elements of Singles free skating and other forms of advanced figure skating. For those making the transition into figure skating, this continuation of group learning helps build peer connections and friendships, and improves skating skills with instruction and practice, all in an economical 30 week package. Multiple plans exist to give new figure skaters options that appeal to a variety of commitment levels, budgets, and schedules.

Skaters will be grouped according to ability from Basic 5 through Free Skate 6, as well as Axel Club. These classes provide more ice utilization and space for aspiring figure skaters to explore their potential. Beyond our Basic Plan (Plan A), Aspire and Aspire Edge (Plans B & C) include off-ice training, covering proper warm-up, strength and conditioning, flexibility, balance, agility, and off-ice jump skills. Off-ice classes take place upstairs in Mitchell Lounge. An Adult-specific stretching/ ballet class takes place in our ballet room. With built-in practice time conducive to figure skating (as opposed to recreational Public sessions), skaters can develop self-motivation as they work towards their goals.

## SCW's ASPIRE PLANS



### Plan A: "BASIC FREE SKATE"

Our Basic plan is a direct continuation of our Basic Skills Program, allowing skaters the chance to further their skills in a group setting after they complete Basic 6. **No off-ice** is included.

#### 30 week Program:

#### 30 minute Free Skate Class + 20 minute Practice

SUNDAYS: 1:45-2:15 pm CLASS & 2:15-2:35 pm PRACTICE  
WEDNESDAYS: 5:40-6:00 pm PRACTICE & 6:00-6:30 pm CLASS

*Plan A Requirements: Passed Basic 6 or Adult 6*

**\$840/30 weeks - Paid in 5 installments of \$168  
OR \$798 if paid in full (5% discount)**

**SCW Club Members get a 15% Discount**



### Plan B: "ASPIRE"

Participants get an enhanced plan with added **off-ice training!** Choose Wednesday or Sunday. Make-ups allowed, but limited to five during the 30 weeks. **Choice of off-ice programming before or after skating; adult-specific class offered**, but may be limited depending on enrollment numbers.

#### 30 week Program:

#### 30 minute Free Skate Class + 20 minute Practice 30 minute Off-Ice Class (choose your time)

SUNDAYS: 1:05-1:35 pm - Off-ice Class and Adult Off-ice  
1:45-2:15 pm - On ice Class  
2:15-2:35 pm - Practice  
2:45-3:15 pm - Off-ice Class

WEDNESDAYS: 5:00-5:30 pm - Off-ice Class  
5:40-6:00 pm - Practice  
6:00-6:30 pm - On ice Class  
6:40-7:10 pm - Off-ice Class/Adult Off-ice

*Plan B Requirements: Passed Basic 6 or Adult 6;  
Aspiring figure skaters may enter ASPIRE early,  
upon completion of Basic 4 or Adult 4 (Plans B & C only);  
USFS Aspire Membership required  
if not already a United States Figure Skating member  
(\$50 dues valid through 6/30/2026)*

**\$1000/30 weeks - Paid in 5 installments of \$200  
OR \$950 if paid in full (5% discount)**  
**SCW Club Members get a 15% Discount**

### Plan C: "ASPIRE EDGE"

Get 2-day packaging (Both Sundays and Wednesdays of Aspire) for a 10% discount! Skate every day our Aspire program is offered; please be aware, however, that **no make-up classes are possible.**

#### 30 week Program - 2x per week:

*See Aspire Plan B for class times  
Must be minimum USFS Aspire Member to participate  
(see Plan B requirements above)*

**\$1800/30 weeks - Paid in 5 installments of \$360  
OR \$1710 if paid in full (5% discount)**  
**SCW Club Members get a 15% Discount**



## 2025-2026 PROGRAM DATES

### WEDNESDAYS:

September 10, 2025	January 28, 2026
September 17, 2025	February 4, 2026
September 24, 2025	February 11, 2026
October 1, 2025	February 25, 2026
October 8, 2025	March 4, 2026**
October 15, 2025	March 11, 2026
October 29, 2025	March 18, 2026
November 5, 2025	March 25, 2026
November 12, 2025	April 1, 2026
November 19, 2025**	April 8, 2026
December 3, 2025	April 15, 2026
December 10, 2025	April 22, 2026
January 7, 2026	April 29, 2026
January 14, 2026	May 6, 2026
January 21, 2026	May 13, 2026**

*Dates subject to change, in the unlikely event of inclement weather, power outages, etc.*

**\*\* Progress Report Dates (10th week)**

#### No classes on:

**October 22 - Ice Dance Clinic**

**November 26 - Thanksgiving Break**

**December 17 - Interpretive Clinic**

**December 24 & 31 - Winter Holiday Break**

**February 18—Special Topic Clinic planned**

**May 20—LTS & Aspire Skills Challenge Event**

## PARENT EDUCATION MEETINGS

**will be offered during Special Topic Clinic dates**

For all program inquiries, and any questions please email Skating Director, Jennifer Eppes at:

**scw.learntoskate.aspire@gmail.com**

Jennifer is available to offer individual Parent Education guidance during Aspire class time or via email at any time.

## 2025-2026 PROGRAM DATES

### SUNDAYS:

September 14, 2025	January 25, 2026
September 21, 2025	February 1, 2026
September 28, 2025	February 8, 2026
October 5, 2025	February 22, 2026
October 12, 2025	March 1, 2026**
October 19, 2025	March 8, 2026
November 2, 2025	March 15, 2026
November 9, 2025	March 22, 2026
November 16, 2025	March 29, 2026
November 30, 2025**	April 12, 2026
December 7, 2025	April 19, 2026
December 14, 2025	April 26, 2026
January 4, 2026	May 3, 2026
January 11, 2026	May 10, 2026
January 18, 2026	May 17, 2026**

*Dates subject to change, in the unlikely event of inclement weather, power outages, etc.*

**\*\* Progress Report Dates (10th week)**

#### No classes on:

**October 26—Skating Skills Clinic**

**November 23—Autumn Skate Competition**

**December 21 & 28 — Winter Holiday Break**

**February 15—Presidents' Day Weekend**

**April 5—Easter**



## SPECIAL ASPIRE PROGRAM EVENTS

*(all dates/topics are tentative - Information will follow)*

**NOTE: Special Events are NOT included in pricing; additional registration fees will apply.**

### WEDNESDAY, OCTOBER 22

*Special Topic: ICE DANCE CLINIC*

### SUNDAY, OCTOBER 26

*Special Topic: SKATING SKILLS CLINIC*

### SUNDAY, NOVEMBER 23

*SCW's AUTUMN SKATE COMPETITION*

*(Compete, Volunteer, and Cheer on SCW skaters)*

### WEDNESDAY, DECEMBER 17

*Special Topic: INTERPRETIVE CLINIC*

### SUNDAY, FEBRUARY 15

*Special Topic Clinic or Snow date: TBD*

### WEDNESDAY, FEBRUARY 18

*Special Topic Clinic or Snow date: TBD*

### WEDNESDAY, MAY 20

*LTS & ASPIRE Skills Challenge Mini Competition*

**Other Special Topics may include**

**Artistry & Presentation, Choreo Elements, Spin Variations, etc.**

## **FREQUENTLY ASKED QUESTIONS**

### **What equipment is necessary to take part?**

All participants must have sufficient quality figure skates. If you are unsure if your current skates qualify, please check with our Skating Director or your private coach for guidance. SCW can order Jackson or Riedell skates appropriate for instruction; ask for an appointment to be measured and sized correctly, so an order can be placed if interested.

### **What attire is proper for Aspire classes?**

Leggings or skating pants, athletic tops, skating dresses, skirts, and fitted skating jackets are ideal. Jeans, loose-fitting sweat-pants, and hoodies, longer play dresses, and other street clothing are NOT appropriate for training. Instructors need to be able to see skaters' body alignment easily, and skaters need fitted clothing that allows for freedom of movement. Long hair should be kept out of face and vision, secured with an elastic band.

### **What levels are offered?**

Participants will be divided by level: Basic 5 through Free Skate 6/Axel Club; depending on enrollment numbers, groups may have combined levels. This allows skaters the opportunity to work on current skills, continue to strengthen past level skills, and gain exposure to new challenges from higher levels. Sunday and Wednesday groups and instructors may vary, dependent on program enrollment and coach availability.

### **Are Private Lessons required?**

No - private lessons are not required to participate. However, following completion of the Basic Skills levels and at the early Free Skate levels, private lessons are strongly encouraged! By Free Skate 2, it will be difficult to master more challenging skills without more individual guidance. Similarly, adults should look to private instruction no later than completion of Adult 6, to develop a personalized curriculum that meets individual interests and goals. Aspire provides beneficial supplemental instruction and practice in a group setting, but is not meant to replace private lessons already in a place for skater.

### **What benefits does SCW's Aspire Program provide?**

Regardless of the plan selected, Aspire lets skaters explore their potential in a fun, peer-based group setting, aiding skill development with budget-friendly plans. The program should not replace private lessons already in place for a skater, but can serve as a beneficial supplement, providing additional instruction, vital off-ice training, and additional practice time. By taking advantage of USFS's Aspire Membership, skaters can also begin official tests and enter "Compete USA" Basic Skills, Aspire, and entry-level Excel events. Participation in recitals, shows, and exhibitions is strongly encouraged, so skaters can show off their newly acquired skills in a performance capacity. Aspire members can also try special clinics to gain an introduction to other disciplines and areas of figure skating, while parents can take advantage of multiple educational resources to help understand figure skating's many complexities.

### **How will evaluations occur in Aspire?**

Like our Basic Skills classes, participants in our Aspire FS and Adult classes will receive a progress report (Learn to Skate Basic 5 & 6, and Free Skate evaluations) every 10th class. Evaluations will be optional for Adults above Adult 6 level, as they may choose a customized curriculum. If a skater has a private coach, he or she may make arrangements to test with their coach during any private lesson, if preferred. The badges that mark the skater's accomplishment will be given when a level is completed at no added cost. It is recommended that before an evaluation class, a skater should first check with their private coach, if applicable, for approval to test, or for the coach's recommendation for level participation in the next series.



The Skating Club



of Wilmington

#### **Questions?**

Please contact the SC of Wilmington  
at (302) 656-5005 or email Skating Director,  
Jennifer Eppes  
at [scw.learntoskate.aspire@gmail.com](mailto:scw.learntoskate.aspire@gmail.com)

Our rink is located at 1301 Carruthers Lane,  
Wilmington, DE 19803

