

SCW's ASPIRE PLANS



SCW's ASPIRE PROGRAM

SCW's Aspire program is an extension of our group lesson program, bridging the gap from "Basic Skills" recreational ice skating to beginning figure skating. Utilizing Learn to Skate USA's Free Skate curriculum, classes focus on essential skating skills, jumps, and spins that are necessary elements of Singles free skating and other forms of advanced figure skating. This continuation of group learning helps build peer connections, and improves skating skills with instruction and practice, all in an economical 30 week package. Multiple plans exist to give new figure skaters options that appeal to a variety of commitment levels, budgets, and schedules.

Skaters will be grouped according to ability from Basic 5 through Free Skate 6, as well as Axel Club. These classes provide more ice utilization and space for aspiring figure skaters to explore their potential. Beyond our Basic Plan (Plan A), Aspire and Aspire Edge (Plans B & C) include off-ice training, covering proper warm-up, strength and conditioning, flexibility, balance, agility, and off-ice jump skills. Off-ice classes take place upstairs in Mitchell Lounge. An Adult-specific stretching/ballet class takes place in our ballet room. With built-in practice time conducive to figure skating (as opposed to recreational public sessions), skaters develop self-motivation as they work towards their goals.



Plan A: "BASIC FREE SKATE"

Our Basic plan is a direct continuation of our Basic Skills Program, allowing skaters the chance to further their skills in a group setting after they complete Basic 6.

No off-ice is included.

30 week Program:

30 minute Free Skate Class + 20 minute Practice

SUNDAYS: 1:45-2:15 pm CLASS & 2:15-2:35 pm PRACTICE

OR

WEDNESDAYS: 5:40-6:00 pm PRACTICE & 6:00-6:30 pm CLASS

Plan A Requirements: Passed Basic 6 or Adult 6

\$860/30 weeks - Paid in 5 installments of \$172

OR \$817 if paid in full (5% discount)

SCW Club Members get a 15% Discount



Plan B: "ASPIRE"

Participants get an enhanced plan with added **off-ice training!** Choose Wednesday OR Sunday. Make-ups allowed, but limited to five during the 30 weeks. **Choice of off-ice programming before or after skating; adult-specific class offered**, but may be limited depending on enrollment numbers.

30 week Program:

30 minute Free Skate Class + 20 minute Practice

30 minute Off-Ice Class (choose your time)

SUNDAYS: 1:05-1:35 pm - Off-ice Class/Adult Off-ice

1:45-2:15 pm - On ice Class

2:15-2:35 pm - Practice

2:45-3:15 pm - Off-ice Class

WEDNESDAYS: 5:00-5:30 pm - Off-ice Class

5:40-6:00 pm - Practice

6:00-6:30 pm - On ice Class

6:40-7:10 pm - Off-ice Class/Adult Off-ice

*Plan B Requirements: Passed Basic 6 or Adult 6;
minimum age is 5 years.*

*Aspiring figure skaters may enter our program early,
upon completion of Basic 4 or Adult 4 (Plans B & C only)*

USFS Aspire Membership required

**if not already a current United States Figure Skating member
(\$50 dues valid through 6/30/2027)**

\$1025/30 weeks - Paid in 5 installments of \$205

OR \$973.75 if paid in full (5% discount)

SCW Club Members get a 15% Discount

Plan C: "ASPIRE EDGE"

Get 2-day packaging (Both Sundays and Wednesdays of Aspire) for a 10% discount! Participate every day our Aspire program is offered; please be aware, however, that **no make-up classes are possible.**

30 week Program - 2x per week:

See Aspire Plan B for class times

**Must be minimum USFS Aspire Member to participate
(see Plan B requirements above)**

\$1845/30 weeks - Paid in 5 installments of \$369

OR \$1752.75 if paid in full (5% discount)

SCW Club Members get a 15% Discount



2026-2027 PROGRAM DATES

SUNDAYS:

September 13, 2026	January 24, 2027
September 20, 2026	January 31, 2027
September 27, 2026	February 7, 2027
October 4, 2026	February 21, 2027
October 11, 2026	February 28, 2027**
October 18, 2026	March 7, 2027
November 1, 2026	March 14, 2027
November 8, 2026	March 21, 2027
November 15, 2026	April 4, 2027
November 29, 2026**	April 11, 2027
December 6, 2026	April 18 or 25, 2027^
December 13, 2026	May 2, 2027
January 3, 2027	May 9, 2027
January 10, 2027	May 16, 2027
January 17, 2027	May 23, 2027**

Dates subject to change, in the unlikely event of inclement weather, power outages, etc.

*** Progress Report Dates (10th week)*

No classes on:

October 25 - Clinic (Topic TBD)

November 22 - Autumn Skate Competition

December 20 & 27 - Winter Holiday Break

February 14 - Presidents' Day Weekend

March 28 - Easter

^April 18 or 25 - TBD due to ice show weekend

PARENT EDUCATION

- ◆ Information will be sent via email
- ◆ Meetings may be held during clinics as needed
- ◆ The director is a resource during most programming sessions and via email; please feel free to ask questions at any time!

2026-2027 PROGRAM DATES

WEDNESDAYS:

September 16, 2026	January 27, 2027
September 23, 2026	February 3, 2027
September 30, 2026	February 10, 2027
October 7, 2026	February 17, 2027
October 14, 2026	February 24, 2027**
October 21, 2026	March 3, 2027
November 4, 2026	March 10, 2027
November 11, 2026	March 17, 2027
November 18, 2026	March 24, 2027
December 2, 2026**	April 7, 2027
December 9, 2026	April 14, 2027
December 16, 2026	April 21, 2027
January 6, 2027	April 28, 2027
January 13, 2027	May 5, 2027
January 20, 2027	May 12, 2027**

Dates subject to change, in the unlikely event of inclement weather, power outages, etc.

*** Progress Report Dates (10th week)*

No classes on:

October 28 - Clinic (Topic TBD)

November 25 - Thanksgiving Break

December 23 & 30 - Winter Holiday Break

March 31 - Possible Clinic or Snow Make-up

May 19 - LTS & Aspire Skills Challenge



SPECIAL ASPIRE PROGRAM EVENTS

All dates/topics are tentative; Information will follow

The dates below will have special topic programming (Clinics) or be used as a make-up day, if necessary.

NOTE: Special Events are NOT included in pricing; Additional registration fees will apply.

CLINC: SUNDAY, OCTOBER 25

CLINIC: WEDNESDAY, OCTOBER 28

SUNDAY, NOVEMBER 22

SCW's AUTUMN SKATE COMPETITION

(Compete, volunteer, or cheer on our SCW skaters)

TBD: SUNDAY, FEBRUARY 14

TBD: WEDNESDAY, MARCH 31

WEDNESDAY, MAY 19

LTS & ASPIRE Skills Challenge

PLEASE NOTE: If you are unsure whether you meet the requirements for Aspire participation, please contact Jennifer at scw.learntoskate.aspire@gmail.com to discuss. In some cases, a brief evaluation may need to be scheduled.

FREQUENTLY ASKED QUESTIONS

What equipment is necessary to take part?

All participants must have sufficient quality figure skates. If you are unsure if your current skates qualify, please check with our Skating Director or your private coach for guidance. SCW can order Jackson or Riedell skates appropriate for instruction; ask for an appointment to be measured and sized correctly, so an order can be placed if interested.

What attire is proper for Aspire classes?

Leggings or skating pants, athletic tops, skating dresses, skirts, and fitted skating jackets are ideal. Jeans, loose-fitting sweat-pants, and hoodies, longer dresses, and other street clothing are NOT appropriate for training. Instructors need to be able to see skaters' body alignment easily, and skaters need fitted clothing that allows for freedom of movement. Long hair should be kept out of face and vision, secured with an elastic band.

What levels and ages are offered?

Participants will be divided by level (Basic 5 through Free Skate 6/Axel Club). Depending on enrollment numbers, groups may have combined levels. This allows skaters the opportunity to work on current skills, strengthen past level skills, and gain exposure to new challenges from higher levels. We accept participants who are **ages 5 - Adult**. Sunday and Wednesday groups and instructors may vary, dependent on program enrollment and coach availability.

Are Private Lessons required?

Private lessons are not required to participate at our early levels. However, following completion of the Basic Skills levels and at the early Free Skate levels, private lessons are strongly encouraged! As it will be difficult to master more challenging skills without more individual guidance, supplemental private instruction becomes essential by the Free Skate 2 level. Adults should consider private instruction after completing Adult 6, to develop a personalized curriculum that meets individual interests and goals. Aspire provides beneficial supplemental instruction and practice in a group setting, but is not meant to replace private lessons already in a place for skater.

What benefits does SCW's Aspire Program provide?

Regardless of the plan selected, Aspire lets skaters explore their potential in a fun, peer-based group setting, aiding skill development with budget-friendly plans. Additionally, by taking advantage of USFS's Aspire Membership, skaters can also begin United States Figure Skating tests and enter "Compete USA" Basic Skills, Aspire, and entry-level Excel events. Participation in recitals, shows, and exhibitions is strongly encouraged, so skaters can show off their newly acquired skills in a performance capacity. Aspire members can also try special clinics to gain an introduction to other disciplines and areas of figure skating, while parents can take advantage of multiple educational resources to help understand figure skating's many complexities.

How will evaluations occur in Aspire?

Like our Basic Skills classes, participants in our Aspire FS and Adult classes will receive a progress report (Learn to Skate Basic 5 & 6, and Free Skate evaluations) every 10th class. Evaluations will be optional for Adults above Adult 6 level, as they may choose a customized curriculum. If a skater has a private coach, he or she may make arrangements to test with their coach during any private lesson, if preferred. The badges that mark the skater's accomplishment will be given when a level is completed at no added cost. It is recommended that before an evaluation, a skater should seek guidance from his or her private coach, if applicable, for approval to test, or for the coach's recommendation for level participation in the next series.

I'm new to SCW. Can I just sign up?

Non-SCW skaters that come from other area rinks will need to schedule a brief evaluation to determine the best placement in our Aspire or LTS programming. Standards vary and Aspire participation may not be guaranteed.



The Skating Club



of Wilmington

Questions?

Please contact the SC of Wilmington
at (302) 656-5005 or email Skating Director,
Jennifer Eppes
at scw.learntoskate.aspire@gmail.com

Our rink is located at 1301 Carruthers Lane,
Wilmington, DE 19803

