



Autumn Skate 2021
The Skating Club of Wilmington, Inc.
1301 Carruthers Lane, Wilmington, DE 19803
www.skatewilm.com
302-656-5005
December 3-5, 2021

REGISTRATION OPENS: October 4, 2021
REGISTRATION DEADLINE: November 1, 2021
http://comp.entryeeze.com/Home.aspx?cid=125

Skating Orders & Results-https://ijs.usfigureskating.org/leaderboard/results/2021/30210/index.asp

Autumn Skate 2021 will be offering Adult Competition Series events.

CHAIRPERSON: Sharon Hatcherson CHIEF REFEREE: Diana Wisner

Registration for this competition will be accepted via Entryeeze

Autumn Skate 2021 will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the <u>current rulebook</u>, as well as any pertinent updates that have been posted on the U.S. Figure Skating website.

ELIGIBILITY:

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and who are currently registered member of a U.S. Figure Skating member club, a collegiate club or who is an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. citizens.

US Figure Skating COVID-19 EVENT POLICIES:

<u>EFFECTIVE MONDAY, AUGUST 2</u>, face coverings are required to be worn indoors by ALL persons (including fully vaccinated persons) attending any U.S. Figure Skating sanctioned event or activity despite of local, state or facility policies. Review the full update <u>here</u>. Exceptions:

- Athletes practicing or competing on the ice.
- Warming up outside.

METHOD OF COMMUNICATION: We will need to communicate with skaters and coaches before, during and after the competition. Our primary method of communication will be email through Entryeeze, but we will also

post all updates on the competition page of our website at www.skatewilm.com. On the front page of our website there will also be a button for you to email the competition chair and chief referee with any questions you may have at SCWCompetitions@skatewilm.com.

SPECIAL COVID-19 STATEMENT: The Skating Club of Wilmington will be complying with all Federal, State and Local regulations and any additional public health notices in place at the time of the competition, including recommendations from US Figure Skating. Detailed Covid-19 protocols will be issued by the competition chair. There will be zero tolerance for noncompliance. In the instance there is an attendee (coach, skater, chaperone or spectator) who refuses to comply, he/she will be ordered to leave the facility immediately. Properly worn face coverings are required inside the rink, no medical exemptions allowed. Additional requests concerning health screening and limiting spectators may be necessary and that will be communicated to the competitors by November 22, 2021. Depending upon entries, quarantine limitations and current health recommendations, the LOC will evaluate whether the competition will be cancelled. If cancelled, a full refund will be issued (except credit card processing fee). This information will be communicated by October 3rd, 2021.

COVID-19 INFORMATION: (Subject to change) - All attendees are required to properly wear face coverings, over their nose and mouth and secured under their chin, while in the facility. Exception: skaters may remove their face covering when they enter the ice, face covering must be placed back as soon as they leave the ice. This is not only for your protection, but for the protection of others and is applied to all attendees. Social distancing must be maintained at all times. The CDC recommends a distance of 6 feet, separate pathways will be established within the venue to minimizing crossover and contamination. Chaperones/Spectators: one chaperone/spectator per skater will be allowed per warmup segment. However, this is subject to change if the Covid-19 regulations change prior to the competition date. Chaperones/Spectators must enter and exit the competition area at their designated times, late entries will not be permitted. Only one coach per skater will be permitted at rink side. Coaches must properly wear face coverings at all times while inside the facility. A full set of Covid-19 Protocols will be available at least one week prior to the competition.

SERIES INFORMATION: Autumn Skate 2021 will be offering Adult Competition Series events.

TEST LEVEL: Competition level is the highest test passed as of the entry deadline, in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event..

AGE RESTRICTIONS/REQUIREMENTS: Singles events (well-balanced) have the following requirements:

Juvenile: Girls – 12 years or younger; Boys – 13 years or younger Open Juvenile: Girls – 13 years or older; Boys – 14 years or older Intermediate must be under the age of 18 Adults must be 21 years or older (or 18 for Young Adult)

Skaters entering pre-juvenile and lower events will be divided as closely as possible by age should the number of entries warrant more than one group.

Adult Events:

Age classes for all Free Skate and Showcase events:

- Young Adult: 18 years through 20 years
- Class I: 21 years through 35 years
- Class II: 36 years through 45 years
- Class III: 46 years through 55 years

• Class IV: 56 years through 65 years

• Class V: 66 years and older

All age classes may be divided or combined depending on the number of entries and at the discretion of the chief referee and/or the competition committee. Men and ladies will be combined in Adult 1 through adult bronze free skate events (based on the <u>Adult Competition Series rules)</u>, and all levels of compulsory moves, solo dance, solo free dance, jumps, spins and Showcase events. Men and ladies will not be combined in adult silver and higher free skate events. Athletes in adult silver and higher free skate events with no competitor of the same gender in another age class will be offered the opportunity to skate an exhibition for first place, skate up to the next higher level (if this provides a competitor) or be issued a refund. The chief referee reserves the right to request proof of age.

COMPETITION REGISTRATION:

Entries will only be accepted online via **Entryeeze** at http://comp.entryeeze.com/Home.aspx?cid=125. Registration closes November 1, 2021 at 11:59 pm Eastern Standard Time. Each transaction will include a non-refundable credit card processing fee. Please register in a timely manner. The LOC reserves the right to close entries early if full capacity is reached prior to November 1st.

Registration Deadline: 11/01/2021 at 11:59 PM ET

Late Registration Deadline: 11/03/2021 at 11:59 PM ET + \$50 Late Fee

PARTNERED EVENTS:

Only one partner will complete registration for the team. During the registration process, you will be asked to identify your partner and verify their test information. The registered partner will be responsible for managing all aspects of the competition for the team including music/PPC upload, practice ice sales, etc.

LATE ENTRIES: At the discretion of the Local Organizing Committee, late entries may be accepted, subject to a \$50.00 late fee. **There is no guarantee that late entries will be accepted.**

Mandatory Athletes:

Athletes age 18+ as of the competition start date who will be competing on a team (i.e. synchro, dance, pairs, shadow dance, theatre, etc.) with at least one minor athlete must complete SafeSport training. *

Minor Athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be SafeSport compliant until they have completed the training and their Members Only portal reflects completion. Please email safesport@usfigureskating.org for instructions or questions regarding parental consent.

REFUND POLICY: Entry fees will not be refunded after November 1, 2021 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. See USFS Rule 3058. Online processing fees are not refundable.

EXHIBITIONS/SINGLE SKATER EVENTS:

Original scheduling:

IJS: If there is only one skater entered in an IJS event, it <u>may</u> be scheduled as an exhibition <u>at the discretion of the chief referee</u>, unless the skater wishes to cancel.

6.0: There will be no planned exhibitions for 6.0 events. If there is only one skater in a 6.0 event, the event will be canceled and the skater will receive a refund.

Subsequent changes:

IJS: If withdrawals after the posting of the schedule reduce an IJS event to one skater, the remaining skater will be contacted and offered the option of skating an exhibition or receiving a refund of the entry fee for that event.

6.0: If withdrawals after the posting of the schedule reduce a 6.0 event to one skater, the remaining skater will be contacted and offered the option of moving to another event or receiving a refund of the entry fee for that event.

SCHEDULE: Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available on Entryeeze after the close of entries. All participants will be notified via email once available. We cannot accommodate special requests for the date or time of your event.

FACILITIES: The competition will be held at The Skating Club of Wilmington which is a single-surface facility, 85' by 197' with plastic hockey boards. Located at Carruthers Lane, off East Park Drive near the intersection of I-95 and Route 202 (Concord Pike). First aid facilities are available at the rink. Locker rooms will be open for the competition, unless informed otherwise. Restrooms are at the far end of the rink. Warmup areas are outside due to Covid-19. The upstairs lounge will be a restricted area for officials only.

Address:

1301 Carruthers Lane, Wilmington, DE 19803 (302) 656-5005, www.skatewilm.com

FOOD: There is full service cafe located off the lobby. It serves breakfast, lunch, dinner, and snacks. The cafe will be open every day of the competition, but there may be limitations on seating due to Covid-19. All food is also available for carryout. Outside food should not be brought into the rink.

ENTRYEEZE MUSIC UPLOAD:

DEADLINE: November 18, 2021 11:59 pm EDT or a late fee of \$10 will be assessed.

Competitors participating in events with music are required to upload their music to Entryeeze no later than **November 18, 2021 at 11:59 pm**. After this date, skaters will subject to a **\$10 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

All music must meet the following criteria. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

MUSIC CRITERIA:

- File Format: MP3
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
 - o This will be verified by the music chair and they may request you upload a corrected file.
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music on CD or digital copy (such as on a phone or memory stick) as a backup in case of technical difficulties and must be available rink side during the competition. Backup CDs must be standard CD-R format only and must be clearly marked with the competitor's name, event, and running time.

PLANNED PROGRAM CONTENT (PPC) - IF IJS:

DEADLINE: November 18, 2021 11:59 pm EDT or a late fee of \$10 will be assessed.

Competitors participating in IJS events are required to submit PPC in Entryeeze no later than **November 18, 2021 at 11:59 pm**. After this date, skaters will be subject to a **\$10 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

LIABILITY: U.S. Figure Skating and the Skating Club of Wilmington accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

<u>ONSITE REGISTRATION/CHECK-IN:</u> The registration desk at the rink entrance will open approximately one hour before the first event of each day and stay open throughout the last event of the day. Please register promptly upon arrival.

- 1) All skaters should register at the front desk one hour before their first event.
- 2) 20 minutes before the scheduled event time the skater is required to check in with the ice monitor.
- 3) Skaters who have not checked in with the ice monitor before their event warm-up begins will be considered withdrawn.

SKATING ORDERS AND RESULTS: All skating orders and results will be posted online to prevent crowds from gathering due to COVID-19 restrictions.

LOCKER ROOMS AND CHANGING AREAS: Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes 11 years old and younger that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy and the SafeSport Handbook (both found on the U.S. Figure Skating SafeSport page). Athletes will be provided with an area to put skates on if they do not wish to use locker rooms, but will not be permitted to change clothes or skates in public restrooms. Public restrooms are at the Skate Rental end of the rink.

PRACTICE ICE: Practice ice sign-up will be available online one or two days after the schedule is posted. All practice ice will be available for purchase online through Entryeeze. A timeline for practice ice sales periods will be available for viewing on the Competition Information of your skater portal.

Practice ice will be available at a cost of \$25 Open Sales purchase and will be announced on the website after the close of entries and the schedule has been determined. No music will be played during practice ice.

<u>PHOTO/VIDEO:</u> Except for the official video photographers, only handheld (no tripod) battery operated cameras will be permitted. FLASH PHOTOGRAPHY IS NOT PERMITTED AT ANY TIME. Vision Photo & Video, LLC will be available throughout the entire competition. <u>All skaters competing will receive a complementary video.</u>

Note, per U.S. Figure Skating policy, photographing and/or recording of anyone other than your own skater is strictly prohibited. Please refer to the Basic Ice Usage and Skater Etiquette Information document found in the Club Resource section of Members Only.

<u>AWARDS</u>: There will be no awards ceremonies due to Covid-19. Medals will be awarded to First, Second, Third, and Fourth place in all 6.0 and IJS events and can be picked up at the awards table. All Learn-To-Skate participants will receive a medal. Winners of the trophies below will be awarded a keepsake for the skater to take home.

Event Trophies:

- o The Florence Sewing Trophy for Juvenile Girls Free Skating
- o The Edmund LeFevre Trophy for Juvenile Boys Free Skating
- o The Dorothy Baker Trophy for Open Juvenile Girls Free Skating
- o The Hinterleiter Trophy for Pre-Juvenile Girls Free Skating
- o The Baumeister Trophy for Pre-Juvenile Boys Free Skating
- o The Renault Trophy for Intermediate/Novice Spins
- o The Janet Loper Trophy for Intermediate/Novice Dramatic/Light Entertainment

<u>OFFICIAL NOTICES:</u> Any official notices prior to the competition start date will be emailed to competitors. During the competition, official notices will be posted at the registration window. It is the responsibility of each competitor, parent and coach to check the registration window frequently for any schedule changes and/or additional information. Skaters are requested to arrive one hour prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

TEST CREDIT: Skaters that meet the requirements for test credit may request their test credit forms at registration. There will be blank test credit request forms at registration and also available in advance from the SCW website at www.skatewilm.com. The test credit package will be emailed to you at the conclusion of the competition. The charge for the test credit package will be \$5 and paid at the registration desk via check or credit card, no cash accepted.

IMPORTANT NOTICE FOR ALL COACHES:

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the compliance requirements listed below and verified by the U.S. Figure Skating. Due to Covid-19, only one coach credential per registered athlete. <u>Coaches will need to check in at the event registration desk prior to the start of their first skater's event and show a government issued photo I.D. to receive a credential.</u>

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. *Coaches are not allowed to be at the boards coaching without a credential.* There can be no exceptions to this policy.

Coach/Choreographer (domestic/non-foreign):

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. *
 - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. *
 - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Must complete the Professional Coach/Choreographer Coaching Education Requirement (CER) through the Professional Skaters Association (PSA).
- ✓ Must submit proof of general liability insurance with limits of \$1 million per occurrence/ \$5 million aggregate.
- ✓ Must agree to the U.S. Figure Skating Code of Ethics. *
- ✓ Must complete three waivers: 1) Assumption of Risk, Waiver and Release and Indemnification Agreement, 2) Medical Consent and 3) Name and Likeness Release and Consent Agreement. *

✓ If attending a qualifying competition or traveling as a part of Team USA and/or International Selection Pool (ISP), must be a full member of the <u>Professional Skaters Association (PSA)</u>.

Learn to Skate USA Coach:

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member OR Learn to Skate USA instructor membership
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. *
 - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. *
 - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Learn to Skate USA Instructor Certification completed OR U.S. Figure Skating compliance coach (details above)

Foreign Coach/Choreographer:

✓ Required to present the LOC with a letter from their federation verifying they are a member in good standing.

For more information regarding Coach Compliance, please visit the Coach Compliance page.

SAFESPORT: We follow all SafeSport policies and guidelines of U.S. Figure Skating and the United States Olympic and Paralympic Committee.

CRITIQUES: At present, we are unsure if we offer in-person critiques due to Covid-19. When this decision is made, we will inform competitors in advance. Pre-Juvenile and higher singles short program and free skate events and IJS adult events would be eligible for a critiques if they are offered.

HOSPITALITY: The coach hospitality room will be located at the far end of the rink in the SCW pro room. We request you use social distancing when in the hospitality room.

VENDORS: We are unsure at this time if we will have vendors due to Covid-19.

LODGING/TRAVEL: Please check our website at https://skatewilm.com/ for hotel information. The nearest airport is Philadelphia airport which is approximately 30 minutes from the rink. There is also an Amtrak train station in downtown Wilmington that is approximately 10 minutes from the rink.

ADMISSION: No admission fee will be charged for spectators, at this time only one parent/chaperone/guest per skater. Note spectators may not any flowers, wrapped or unwrapped, on the ice to ensure safety of the skaters.

<u>CONTACT INFO:</u> Any questions regarding registration and/or applications can be e-mailed to the competition chairs at <u>SCWCompetitions@skatewilm.com</u>. The club website is https://skatewilm.com/.

Music related questions can be emailed to Debbie Martin, music chair at d.martin6926@gmail.com.

SEE CURRENT <u>RULEBOOK</u> OR <u>U.S. FIGURE SKATING WEBSITE</u> FOR RULES/REQUIREMENTS.

There will be no final rounds for events with more than one group.

All registration fees are <u>credit card only</u> and include a processing fee paid by the skater (processing fee not included in price below). <u>All skaters competing will receive a video link of their performance.</u>

If a skater enters both an IJS and a 6.0 event, the first event is priced as an IJS event (\$175 for singles event), the second event is priced as a second 6.0 event (\$100).

If a skater enters multiple types of IJS events, the first event is priced (\$175 for singles event), with additional IJS events priced as secondary IJS events (\$120 for single event).

U.S. FIGURE SKATING EVENTS				
SINGLES	IJS/6.0	1 st EVENT	2 nd EVENT	3 rd + EVENT
Excel Free Skate (Beginner, High Beginner, Pre-Preliminary,	6.0	\$135	\$100	\$100
Preliminary, and Pre-Juvenile)				
Excel Free Skate (Preliminary Plus, Pre-Juvenile Plus,	IJS	\$175	\$120	\$120
Juvenile, Juvenile Plus, Intermediate, Intermediate Plus,				
Novice, Junior, and Senior)				
Well Balanced Short Program (Juvenile, Intermediate,	IJS	\$175	\$120	\$120
Novice, Junior and Senior)				
Well Balanced Free Skate (No Test, Pre-Preliminary,	6.0	\$135	\$100	\$100
Preliminary and Open Juvenile)		4	***	4.00
Well Balanced Free Skate (Pre-Juvenile through Senior)	IJS	\$175	\$120	\$120
Adult Free Skate (Adult Bronze – Master Jr/Sr)	IJS	\$175	\$120	\$120
Adult Beginner & High Beginner, Pre-Bronze Free Skate	6.0	\$135	\$100	\$100
PARTNERED ICE DANCE	JUDGING	1st EVENT	2 nd EVENT	3 rd + EVENT
Open Partnered Pattern Dance – see dances offered below	6.0	\$75	\$50	\$50
SPECIALTY	JUDGING	1 st EVENT	2 nd EVENT	3 rd + EVENT
Compulsory Moves (No Test–Senior)	6.0	\$135	\$100	\$100
Excel Compulsory Moves (Excel Beg.–Excel Prelim.)	6.0	\$135	\$100	\$100
Adult Compulsory Moves (Adult Beginner–Masters Jr/Sr)	6.0	\$135	\$100	\$100
Adult Jumps Challenge (Adult Beginner–Masters Jr/Sr)	6.0	\$135	\$100	\$100
Adult Spins Challenge (Adult Beginner–Masters Jr/Sr)	6.0	\$135	\$100	\$100
SHOWCASE – <u>NEW EVENT IMPLEMENTATION</u> **	JUDGING	1 st EVENT	2 nd EVENT	3 rd + EVENT
<u>Individual Entertainment (No Test – Senior, Adult)</u> Only	6.0	\$135	\$100	\$100
dramatic performance, lyrical pop & choreographic artistry				
COMPETE USA EVENTS				
Snowplow Sam-Basic 6 Program w/ Music	6.0	\$70	\$50	\$50
Pre-Free Skate – Free Skate 1-6 Program w/ Music	6.0	\$70	\$50	\$50
Adult 1-6 Program w/ Music	6.0	\$70	\$50	\$50
Adult 1-6 Compulsory Moves	6.0	\$70	\$50	\$50
Snowplow Sam – Basic 6 Elements	6.0	\$70	\$50	\$50
Pre-Free Skate – Free Skate 1-6 Compulsory Moves	6.0	\$70	\$50	\$50
Compete USA – Showcase	6.0	\$70	\$50	\$50
Compete USA Manual				

Open Partnered Patterned Dance:

Below are the open partnered ice dances. If same skater has two different partners, must be considered entered as separate teams.

Open Partnered Pattern Dances offered	6.0 Judging System		
Dutch Waltz	2 sequences		
Canasta Tango	2 sequences		
Rhythm Blues	2 sequences		
Cha Cha	2 sequences		
Fiesta Tango	2 sequences		
Swing Dance	2 sequences		
Ten-Fox	2 sequences		
Hickory Hoedown	2 sequences		
Willow Waltz	2 sequences		
Fourteenstep	4 sequences		
Foxtrot	3 sequences		
European Waltz	2 sequences		
American Waltz	2 sequences		
Rocker Foxtrot	3 sequences		
Kilian	4 sequences		
Paso Doble	2 sequences		
Blues	2 sequences		
Westminster Waltz	2 sequences		



SNOWPLOW SAM – BASIC 6 ELEMENTS

Two format options for the Elements Event:

- 1. Each skater will perform each element when directed by a judge/referee OR
- Skater will perform one element at a time in the <u>order listed below</u> (no excessive connecting steps or choreography)
 Judge/referee directed example: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.
- To be skated on 1/3 to 1/2 ice (determined by the LOC)
- No music
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant
- All elements must be skated in the order listed.

Level	Time	Skating rules/standards	
		March followed by a two-foot glide and dip	
Snowplow	1:00 max.	Forward two-foot swizzles, 2-3 in a row	
Sam		Forward snowplow stop	
		Backward wiggles, 2-6 in a row	
		Forward two-foot glide and dip	
Basic 1	1:00 max.	 Forward two-foot swizzles, 6-8 in a row 	
		Beginning snowplow stop on two-feet or one-foot	
		Backward wiggles, 6-8 in a row	
		Forward one-foot glide (no variations), either foot	
Basic 2	1:00 max.	 Scooter pushes, right and left foot, 2-3 each foot 	
		Moving snowplow stop	
		Two-foot turn in place, forward to backward	
		Backward two-foot swizzles, 6-8 in a row	
		Beginning forward stroking showing correct use of blade	
Basic 3	1:00 max.	• Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6	
		consecutive	
		Forward slalom	
		 Moving forward to backward two-foot turn on a circle 	
		Beginning backward one-foot glide, either foot	
		 Forward outside edge on a circle, clockwise or counterclockwise 	
Basic 4	1:00 max.	 Forward crossovers, 4-6 consecutive, clockwise and counterclockwise 	
		• Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6	
		consecutive	
		Backward one-foot glides (no variations), right and left	
		Beginning two-foot spin, maximum 4 revolutions	
		Backward outside edge on a circle, clockwise or counterclockwise	
		 Backward crossovers, 4-6 consecutive, clockwise and counterclockwise 	
Basic 5	1:00 max.	Forward outside three-turn, right and left	
		 Advanced two-foot spin, minimum 4 revolutions 	
		Hockey stop	
		Forward inside three-turn, right and left	
Basic 6	1:00 max.	Bunny Hop	
		Basic forward spiral on a straight line (no variations), right or left	
		Beginning one-foot spin, maximum 3 revolutions, optional free leg held position and	
		entry	
		T-stop, right or left	



SNOWPLOW SAM - BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice with music.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

Level	Time	Skating rules/standards	
		March followed by a two-foot glide and dip	
Snowplow	1:10 max.	Forward two-foot swizzles, 2-3 in a row	
Sam		Forward snowplow stop	
		Backward wiggles, 2-6 in a row	
		Forward two-foot glide and dip	
Basic 1	1:10 max.	Forward two-foot swizzles, 6-8 in a row	
		Beginning snowplow stop on two-feet or one-foot	
		Backward wiggles, 6-8 in a row	
		Forward one-foot glide (no variations), either foot	
Basic 2	1:10 max.	 Scooter pushes, right and left foot, 2-3 each foot 	
		Moving snowplow stop	
		Two-foot turn in place, forward to backward	
		Backward two-foot swizzles, 6-8 in a row	
		Beginning forward stroking showing correct use of blade	
Basic 3	1:10 max.	• Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6	
		consecutive	
		Forward slalom	
		Moving forward to backward two-foot turn on a circle	
		Beginning backward one-foot glide, either foot	
		Forward outside edge on a circle, clockwise or counterclockwise	
Basic 4	1:10 max.	 Forward crossovers, 4-6 consecutive, clockwise and counterclockwise 	
		Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6	
		consecutive	
		Backward one-foot glides (no variations), right and left	
		Beginning two-foot spin, maximum 4 revolutions	
		Backward outside edge on a circle, clockwise or counterclockwise	
		Backward crossovers, 4-6 consecutive, clockwise and counterclockwise	
Basic 5	1:10 max.	Forward outside three-turn, right and left	
		Advanced two-foot spin, minimum 4 revolutions	
		Hockey stop	
		Forward inside three-turn, right and left	
Basic 6	1:10 max.	Bunny Hop	
		Basic forward spiral on a straight line (no variations), right or left	
		Beginning one-foot spin, maximum 3 revolutions, optional entry and free leg position	
		T-stop, right or left	



PRE-FREE SKATE – FREE SKATE 1-6 COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music
- The skater must demonstrate the required elements listed
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max.	 Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, one set each direction clockwise and counterclockwise One-foot upright spin, optional entry and free-foot position - minimum 3 revolutions Mazurka - right or left Waltz jump
Free Skate 1	1:15 max.	 Forward stroking, 4-6 consecutive powerful strokes Backward outside three-turn, right and left One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions Toe loop Half flip jump
Free Skate 2	1:15 max.	 Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis Backward inside three-turn, right and left Beginning back spin, optional entry and free-foot position - maximum 3 revolutions Half Lutz Salchow jump
Free Skate 3	1:15 max.	Alternating Mohawk/crossover sequence, right to left and left to right Waltz three-turns, 2 sets clockwise and 2 sets counterclockwise Advanced back spin with free foot in crossed leg position- minimum 3 revolutions Loop jump Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	 Forward power 3's, 2-3 consecutive sets, right or left Sit spin - minimum 3 revolutions Euler (half loop jump) Flip jump
Free Skate 5	1:15 max.	 Backward outside three-turn, Mohawk (backward power three-turn), 2-3 sets both directions Camel spin - minimum 3 revolutions Waltz jump/loop jump combination Lutz jump
Free Skate 6	1:15 max.	 Forward power pulls, minimum 3 on each foot Camel, sit spin combination - minimum of 4 revolutions total Waltz jump/Euler (half loop)/ Salchow jump combination Axel jump; minimum requirement is a clear attempt either stationary or moving



PRE-FREE SKATE - FREE SKATE 1-6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max.	 Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, one set each direction clockwise and counterclockwise One-foot upright spin, optional entry and free-foot position- minimum 3 revolutions Mazurka - right or left Waltz jump NOT ALLOWED -Waltz jump, side toe hop, waltz jump
Free Skate 1	1:40 max.	 Forward stroking, 4-6 consecutive powerful strokes One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions Toe loop jump Half flip jump NOT ALLOWED - Waltz jump/toe loop combination
Free Skate 2	1:40 max.	 Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis Beginning back spin, optional entry and free-foot position, maximum 2 revolutions Half Lutz Salchow jump NOT ALLOWED – Waltz jump/toe loop and Salchow/toe loop combination
Free Skate 3	1:40 max.	 Alternating Mohawk/crossover sequence, right to left and left to right Advanced back spin with free foot in crossed leg position, minimum 3 revolutions Loop jump Waltz jump/toe loop or Salchow/toe loop jump combination NOT ALLOWED – Waltz/loop combination
Free Skate 4	1:40 max.	 Forward power 3's, 2-3 consecutive sets, right or left Sit spin – minimum 3 revolutions Euler (half loop jump) Flip jump NOT ALLOWED – Waltz/loop and Waltz/Euler/Salchow combination
Free Skate 5	1:40 max.	 Backward outside three-turn, Mohawk (backward power three-turn), 2-3 sets both directions Camel spin – minimum 3 revolutions Waltz/loop jump combination Lutz jump
Free Skate 6	1:40 max.	 Creative step sequence using a variety of three turns, Mohawks and toe steps, half-ice Camel, sit spin combination - minimum of 4 revolutions total Waltz jump/ Euler (half loop)/Salchow jump combination Axel jump; minimum requirement is a clear attempt either stationary or moving



ADULT 1-6 FREE SKATE/PROGRAM WITH MUSIC

General event parameters:

- The skating order of the required elements is optional.
- The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.
- To be skated on full ice
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous (lower) levels
- A 0.2 deduction will be taken for each required element MISSING and for those elements performed from a higher level.

Level	Time	Elements		
		Forward Marching		
Adult 1	1:30 Max	Forward two-foot glide		
		Forward swizzle (4-6 in a row)		
		Forward snowplow stop – two feet or one foot		
		Forward skating across the width of the ice		
Adult 2	1:40 Max	Forward one-foot glides		
		Forward slalom		
		Backward skating		
		Backward swizzles, 4-6 in a row		
		Forward stroking using the blade properly		
Adult 3	1:40 Max	 Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and 		
		counterclockwise		
		Backward skating to a long two-foot glide		
		Forward chasses on a circle, clockwise and counterclockwise		
		Backward snowplow stop, Right and Left		
		Forward outside edge on a circle, right and left		
Adult 4	1:40 Max	Forward inside edge on a circle, right and left		
		Forward crossovers, clockwise and counterclockwise		
		Backward one-foot glides, right and left		
		Hockey stop, both directions		
		Backward outside edge on a circle, right and left		
Adult 5	1:40 Max	Backward inside edge on a circle, right and left		
		Backward crossovers, clockwise and counterclockwise		
		Forward outside three-turn, right and left		
		Beginning two-foot spin		
		Forward stroking with crossover end patterns		
Adult 6	1:40 Max	Backward stroking with crossover end patterns		
		Forward inside three-turn, right and left		
		• T-stop		
		• Lunge		
		Two-foot spin into one-foot spin (min 2 revs on 1 foot)		



ADULT 1-6 COMPULSORY

- The skating order of the elements is optional. Element may only be attempted once.
- \bullet $\,\,$ To be skated in simple program format with limited connecting steps, $1\!\!/\!_2$ ice.
- A 0.2 deduction will be taken for each element MISSING, REPEATED or from a higher level

Level	Time	Elements
Adult 1	1:30 Max.	 Forward Marching Forward two-foot glide Forward swizzle (4-6 in a row) Forward snowplow stop – two feet or one foot
Adult 2	1:30 Max.	 Forward skating across the width of the ice Forward one-foot glides Forward slalom Backward skating Backward swizzles, 4-6 in a row
Adult 3	1:30 Max.	 Forward stroking using the blade properly Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise Forward chasses on a circle, clockwise and counterclockwise Backward skating to a long two-foot glide Backward snowplow stop, Right and Left
Adult 4	1:30 Max.	 Forward outside edge on a circle, right and left Forward inside edge on a circle, right and left Forward crossovers, clockwise and counterclockwise Hockey stop, both directions Backward one-foot glides, right and left
Adult 5	1:30 Max.	 Backward outside edge and backward inside edge on a circle, right and left Backward crossovers, clockwise and counterclockwise Forward outside three-turn, right and left Beginning two-foot spin (min 2 revs)
Adult 6	1:30 Max.	 Forward stroking with crossover end patterns Backward stroking with crossover end patterns Forward inside three-turn, right and left T-stop Lunge Two-foot spin into one-foot spin (min 2 revs on 1 foot)



SHOWCASE EVENTS

Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Costuming and make-up for showcase programs should enhance the feeling created by the performance and reflect the meaning of the story or theme. Ornaments and hair accessories must be secure. No bobby pins, feathers, hair accessories, or anything else that may fall to the ice and be hazardous to the skaters are allowed. A 0.1 deduction will be taken. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute on and off and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.1 deduction will be assessed by the referee against each judge's mark for each ten seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on www.usfigureskating.org.

Showcase categories may include:

- Levels can be subdivided or combined, if necessary, depending on entry numbers and event set up to ensure performances are contested as per the guidelines.
- Dramatic entertainment: Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness. Dramatic programs should not be depressing. Even if the emotion is sadness, there should be an enlivened feeling given to the audience.
- Light entertainment: Programs should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Duets: Theatrical/artistic performances by any competitors.
- Mini production ensembles: Theatrical performances by three to seven competitors.
- Production ensembles: Theatrical performances by eight to 30 skaters. Theater On Ice teams are eligible as production ensembles. NOTE: Skaters may enter only one each duet, mini production or production event.

SHOWCASE EVENTS

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate-Free Skate 6/ Beginner/High Beginner/ Adult 1-6/ Adult Beginner/Adult High Beginner	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate or free dance tests.	Time: 1:30 max.
No Test	No prescribed or restricted elements.	Must not have passed Pre-Preliminary Free Skate or any Free Dance tests.	Time: 1:30 max.
Pre-Preliminary	No prescribed or restricted elements.	Must have passed no higher than U.S. Figure Skating Pre-Preliminary May not have passed any free dance test.	Time: 1:30 max.
Bronze free skate test. See National SI		Must have passed no higher than Adult Pre- Bronze free skate test. See National Showcase guidelines for more specific information regarding adults.	Time: 1:40 max.
Preliminary/ Adult Bronze	No prescribed or restricted elements.	Must have passed no higher than U.S. Figure Skating Preliminary free skate or Adult Bronze Free Skate or Free Dance test. See National Showcase guidelines for more specific information regarding adults.	Time: 1:40 max.



SPECIALTY:

SPECIALTY-EXCEL COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice
- No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level

Skaters may have the option to skate one level higher in compulsories than free skate program

Level	Time	Skating rules/standards		
Excel Beginner	1:15 max.	 Toe loop jump Salchow jump One-foot upright spin, minimum 3 revolutions Choreographic step sequence 		
Excel High Beginner	1:15 max.	 Loop jump Salchow-toe loop jump combination Sit spin, minimum 3 revolutions Choreographic step sequence 		
Excel Pre- Preliminary	1:15 max.	 Flip jump Loop-loop jump combination Upright spin with change of foot, minimum 3 revolutions on each foot Choreographic step sequence 		
Excel Preliminary	1:15 max.	 Lutz jump Flip-loop jump combination Camel-sit combination spin, minimum 6 revolutions total Choreographic step sequence 		

SPECIALTY-ADULT BEGINNER-BRONZE COMPULSORY

- The skating order of the elements is optional. Element may only be attempted once.
- ullet To be skated in simple program format with limited connecting steps, 1/2 ice.
- A 0.2 deduction will be taken for each element MISSING, REPEATED or from a higher level

Level	Time	Elements				
		Mazurka				
Adult	1:30	Waltz jump				
Beginner	Max.	 Forward beginning one-foot spin from backward crossovers (min 2 revs) 				
		Forward moving inside open Mohawk (right and left) – heel to instep				
		 Alternating right and left forward outside and inside edges across the width of the ice (one outside edge, 				
		right and left, one inside edge, right and left)				
		Waltz Jump				
Adult High	1:30	• ½ Flip				
Beginner	Max.	Forward upright spin – minimum 3 revolutions				
		Backward outside three- turn, right and left				
		Alternating right and left backward outside and inside edges across the width of the ice (one outside edge,				
		right and left, one inside edge, right and left)				
		Single toe loop jump				
Adult Pre-	1:30	• Jump combination or sequence consisting of half revolution jumps (½ flip, ½ Lutz, ½ loop, waltz), toe loop,				
Bronze	Max.	or Salchow – maximum of 2 jumps in combination and 3 jumps in a sequence				
		Forward upright spin - minimum 3 revolutions				
		Two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one backward				
		crossover and step to a forward inside edge, clockwise and counterclockwise				
		Forward spiral (any edge)				
		Single Salchow jump				
Adult	1:30	• Jump combination or sequence consisting of ½ revolution jumps and/or full revolution jumps (no Lutz or				
Bronze	Max.	Axel) – maximum 2 jumps in combination and 3 jumps in a sequence				
		Solo spin with no change of foot (min. 3 revolutions)				
		Backward inside three-turn, right and left				
		Spiral sequence (Minimum 2 spirals)- must change edge or foot				

SPECIALTY-ADULT BEGINNER - BRONZE FREE SKATE PROGRAM WITH MUSIC

General event parameters:

- Skaters will skate to the music of their choice and vocal music is allowed
- To be skated on full ice
- The minimum number of required spin revolutions is indicated in parentheses following the spin description. Revolutions must be in position.

Level and Time	Jumps	Spins	Step Sequences	Qualifications
Adult Beginner 1:40 Maximum	Max. 4 jump elements Jumps limited to bunny hop, mazurka, ballet and Waltz jump Max 1 combination or sequence consisting of only the allowed listed jumps Max. 2 of any same jump	Max. 2 spins Two forward upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA Free Skate 1
Adult High Beginner 1:40 Maximum	Max 4 jump elements: Jumps limited to bunny hop, mazurka, ballet, stag, split, waltz, ½ flip, ½ Lutz, ½ loop, toe loop, Salchow Max 1 combination or sequence consisting of only the allowed listed jumps	Max 2 spins: Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed any U.S. Figure Skating Free Skate tests
Adult Pre-Bronze 1:40 Maximum	Max. 2 of any same type jump. Max 4 Jump Elements: Max 2 combinations or sequences 1 jump combination may contain 3 jumps, and the other may contain only 2 jumps Jump sequence is any listed jump immediately	Max 2 Spins: Max Level 1 Spins must be of different character (for definition, see U.S. Figure Skating rule	Connecting steps throughout the program are required	Skaters may not have passed tests higher than U.S. Figure Skating Adult Pre-Bronze or Pre-
	followed by an Axel-type jump Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump) Only single and half-revolution jumps are permitted No single Lutz, single Axel, double or triple	4103 E) Min 3 revs Spins with a flying entry are not permitted		Preliminary Free Skate
Adult Bronze	jumps are permitted Max 4 Jump Elements: Max 2 combinations or sequences	Max 2 Spins: Max Level 1	Max 1 Sequence: 1 choreographic step	Skaters may not have passed tests
1:50 maximum	1 combinations of sequences 1 combination may contain 3 jumps, and the other may contain only 2 jumps Jump sequence is any listed jump immediately followed by an Axel-type jump Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) All single jumps are permitted (except single Axel) No single Axel, double or triple jumps are permitted	Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) Min 3 revs total if no change of foot Min 3 revs each foot if change of foot Min 2 revs in each position No flying spins are permitted	sequence, fully utilizing at least ½ of the ice surface (may include moves in the field and spirals) Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.	higher than U.S. Figure Skating Adult Bronze or Preliminary Free Skate