

## **SESSION DESCRIPTIONS**

*With the exception of Public sessions, all sessions require ice slot reservation and advance payment/member billing; Only Platinum members are exempt from reservations*



<https://skatewilm.com/iceslotreservation/>

**“GENERAL – All Levels”** – All levels, ages, and disciplines are allowed; Open to club members and non-member skaters using our ice reservation system, for lessons, training, and practice.

**“GENERAL-ADULTS”** – Reserved for skaters 18+ years of age only; no qualified “High” skaters.

**“GENERAL #”** – All levels, ages, and disciplines allowed; small stroking groups may be present.

**“HIGH %”** - Session use requires permission/pre-approval from High Performance Program Director, in consultation with SCW Skating Director. Criteria is not based on test level, but speed and technical skills. General expectations involve consistent double axel and clean triple jump execution, and speed associated with Junior well-balanced competitive skating.

**“GENERAL - HIGH PREF ^”** – Expect some High Performance skaters.

**“LOW”** – Reserved for skaters working on Pre-Bronze Singles and Adult Silver Singles (Pre-Juvenile FS Test) and lower; all levels of Skating Skills (Moves) work is permitted, regardless of Singles level; an ideal session for Basic Skills and Aspire level skaters learning to practice on their own.

**“SPECIAL OLYMPICS/BASIC SKILLS”** – Reserved for our Special Olympics Program athletes, volunteers, and coaches; only skaters working on LTS USA Basic Skills 1-6, Snowplow Sam, and Adult 1-6 are allowed to share this ice.

**“SYNCHRO”** – Reserved for our Synchro Teams use only.

**“HOCKEY”** – Reserved for our Hockey Team rentals only.

**“PUBLIC”** – Open to the Public and members of the community for recreational skating; pay at the door, rental skates available.