



Skate Wilmington 2019
The Skating Club of Wilmington, Inc.
1301 Carruthers Lane, Wilmington, DE 19803
www.skatewilm.com
302-656-5005
July 17-21, 2019

Skate Wilmington 2019 is pleased to have been chosen by U.S. Figure Skating as a designated, official 2019 National Qualifying Series competition for Singles and also a designated, official 2019 National Solo Dance Series competition as well as the 2019-2020 Adult Competition Series.

CHAIRPERSON: Luci N. Betzler

CHIEF REFEREE: Diana Wisner

Skate Wilmington will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website. **SEE CURRENT RULEBOOK OR CLICK [HERE](#) FOR CURRENT RULES AND REQUIREMENTS.**

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

NATIONAL QUALIFYING SERIES (NQS):

This competition has been approved by U.S. Figure Skating as an official NQS event. Athletes are required to read the NQS handbook [found here](#) and register for the series through EMS by May 28th (separate from competition registration).

NQS REMINDER: All NQS events are **combined** short program and free skate events. If there are more than 24 entries per event, qualifying rounds must be held in accordance with Rule 2460.

CONSOLATION ROUND: If there are enough competitors in an event to hold qualifying and championship rounds (in accordance with the rules above), a consolation round short program competition will be held, for intermediate and higher levels, for any competitors that do not make the championships round.

NATIONAL SOLO DANCE SERIES (NSDS):

Skate Wilmington 2019 is a participating competition within the 2019 Solo Dance Series. The solo pattern dance event, combined event and shadow dance events are being offered as part of the 2019. U.S. Figure Skating Solo Dance Series and will be conducted in accordance with the 2019 Solo Dance Series Handbook found at:

https://fs12.formsite.com/USFSAIT/images/2019_Skater_Handbook.pdf

Please refer to the 2019 Solo Dance Series handbook for the current Series rules, levels and event requirements that will be in effect for this competition. Each skater who registers with U.S. Figure Skating as a participant in the 2019 Series will receive a Solo Dance Series Participant number upon successful payment and registration. This registration and number is required to enter the solo dance events. The Solo Dance Series events are tentatively scheduled for Wednesday and Thursday.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline, in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

The Learn to Skate/Compete USA events are open to ALL skaters who are current eligible (ER 1.00) members of the Learn to Skate USA program and those who are full members of U.S. Figure Skating. Members of other organizations are eligible to compete but must be registered with Learn to Skate USA or a member club. There will be no more than six competitors maximum in an event and all competitors will receive an award

All Snowplow Sam and Basic Skills 1-6 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed, including Moves in the Field or individual dances.

All Pre-Free skate, Free Skate 1-6, Test Track and Well-Balanced singles events, eligibility will be based only upon highest free skate test level passed (Moves in the Field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition.

Age restrictions/requirements: Singles free skate events (Well Balanced Program) have the following requirements.

Juvenile: Girls – 12 years or younger; Boys – 13 years or younger

Open Juvenile: Girls – 13 years or older; Boys – 14 years or older

Intermediate must be under the age of 18

Adults must be 21 years or older

Skaters entering pre-juvenile and lower events will be divided as closely as possible by age, should the number of entries warrant more than one group.

FOREIGN SKATERS:

Non-U.S. skaters intending to register for this competition must set up a non-member account prior to registering for the competition ([click here for HOW TO](#)). This can be done by choosing the “Non-Member? Create Account” option on the [Members Only](#) login page.

ENTRIES:

Entries will only be accepted online via EMS at www.usfsonline.org. Online registration opens April 15, 2019 and **closes June 8, 2019 at midnight**. Skaters wishing to register for the competition will need their U.S. Figure Skating member number/password.

ENTRY FEES:

All EMS registration fees are credit card only and include a 3% processing fee paid by the skater (processing fee not included in price below). All skaters competing under the International Judging System (IJS) will receive a complementary video.

Singles SP IJS Events:	Juvenile short program \$155; each additional IJS event \$110
Singles IJS Events:	Well-Balanced Pre-Juvenile, Well-Balanced Juvenile, Excel Prelim Plus, Excel Pre-Juvenile Plus, Excel Juvenile Plus, Excel Intermediate-Senior \$155; each additional IJS event \$110
Singles Combined IJS Events:	Well-Balanced Intermediate-Senior (SP & FS) \$265
Solo Dance IJS Events:	First solo/shadow dance event \$155; each additional event \$110
6.0 Events:	First event \$110; each additional event \$80
Compete USA Events:	First Compete USA event \$50; each additional Compete USA event \$35.

***NOTE FOR SKATERS: it is not a requirement for skaters to be registered for the NQS series to compete in these events.**

If a skater enters both an IJS and a 6.0 event, the first event is priced as an IJS event (either \$265 for combined or \$155 for singles), the second event is priced as a second 6.0 event (\$80).

If a skater enters multiple types of IJS events, the first event is priced (either \$265 for combined event or \$155 for single event), with additional IJS events priced as secondary IJS events (either \$220 for combined event or \$110 for single event).

LATE ENTRIES:

At the discretion of the Local Organizing Committee, late entries may be accepted, subject to a \$50.00 fee (\$20 for Compete USA).

EXHIBITIONS:

If there is only one skater entered in an IJS event, it will be scheduled as an exhibition, unless the skater wishes to cancel. There will be no planned exhibitions for 6.0 events. If there is only one skater in a 6.0 event when the competition schedule is ready to be published, the event will be cancelled and the skater will receive a refund. If withdrawals subsequent to the posting of the schedule reduce the number of entries in an event to one, the remaining skater will be contacted and offered the option of skating an exhibition or receiving a refund of the entry fee for that event. Skaters registered in 6.0 events will be asked if they are the only skater in an event if they wish to receive a refund or be moved to a qualified event. If a skater wishes to be moved, an email will be sent out notifying the skater and of an event that they are qualified to be moved.

REGISTRATION INSTRUCTIONS:

1. Go to www.usfsaonline.org
 - a. For best experience, the Google Chrome browser is recommended
2. Enter your U.S. Figure Skating or Learn to Skate Member number and password
 - a. If you need assistance with your member number and password, contact Member Services at memberservices@usfigureskating.org.
3. Click the blue EMS button
4. Click "Competition Registration"
5. Choose "Skate Wilmington 2019" from the list of competitions.
 - a. If you need assistance completing your registration, contact productsupport@usfigureskating.org.

EMS SKATER PORTAL:

Once online registration has been completed, skaters will gain access to the EMS Skater Portal for this competition. This is where you will manage music and PPC upload as well as purchase practice ice, view the competition schedule (once available) and update coach information. To access your skater portal, click the **BLUE** Event Management System button on the [Members Only](#) landing page then select the competition name from options at the bottom of the screen.

REFUND POLICY:

Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. Online processing fees are not refundable.

SCHEDULE:

Competitors may be scheduled on any day or time for the announced dates of the competition. The competition and practice ice schedule will be available via EMS as soon as possible after the close of entries. All participants will be notified via email once available.

FACILITIES:

The competition will be held at The Skating Club of Wilmington which is a single-surface facility, 85' by 197' with plastic hockey boards. Located at Carruthers Lane, off East Park Drive near the intersection of I-95 and Route 202 (Concord Pike). The locker rooms are located through the snack bar entrance and follow all SafeSport locker room policies.

1301 Carruthers Lane
Wilmington, DE 19803
(302) 656-5005
www.skatewilm.com

FOOD:

KATHY'S KITCHEN CAFE, a full service cafe located in the lobby. It serves breakfast, lunch, dinner, and snacks. The cafe will be open every day of the competition. Outside food should not be brought into the rink.

MUSIC UPLOAD:

All competition music must be electronically submitted via the EMS Skater Portal through the Music & Program Content tab **no later than July 10, 2019**. Online music submission is the **ONLY** acceptable method to submit program music

All music must meet the following criteria. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

[CLICK HERE FOR MUSIC UPLOAD HOW TO](#)

If you need assistance, email productsupport@usfigureskating.org

MUSIC CRITERIA:

- File Format: MP3 (only format EMS will accept)
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
 - This will be verified by the music chair and they may request you upload a corrected file
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music on CD as a backup in case of technical difficulties and must be available rink side during the competition. Only CDs (standard CD-R format only) will be accepted for backups and must be clearly marked with the competitor's name, event, and running time.

LIABILITY:

U.S. Figure Skating and the Skating Club of Wilmington accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

INTERNATIONAL JUDGING SYSTEM (IJS)

The International Judging System (IJS) will be used for the following events:

OFFICIAL NOS SINGLES EVENTS:

[Intermediate – Senior Combined Short Program + Free Skate](#)

[Juvenile Free Skate](#)

**These events will be conducted in accordance with U.S. Figure Skating Rule 2460 with regard to qualifying and final rounds if more than 24 competitors register.*

NOS IJS Singles Short Program and Free Skate-Events will be offered from **Intermediate through Senior**. *These events will be combined events*. Please refer to the link below for specific information relating to the event categories and their requirements and restrictions <http://www.usfsa.org/shell?id=59254>. In addition, please refer to the 2019 Rulebook for General Rules related to the discipline of Singles skating.

***NOTE FOR SKATERS: it is not a requirement for skaters to be registered for the NOS series to compete in these events.**

IJS Singles Short Program- Events will be offered for **Juvenile**.

IJS Singles Free Skate- Events will be offered for **Juvenile (NQS) and Pre-Juvenile**.

Excel IJS Free Skate - Events will be offered from **Preliminary Plus, Pre-Juvenile Plus, Juvenile Plus, Intermediate, Novice, Junior, and Senior**. Please refer to the link below for specific information relating to the event categories and their requirements and restrictions <http://www.usfsa.org/shell?id=59254>. In addition, please refer to the 2019 Rulebook for General Rules related to the discipline of Singles skating. Well-Balanced Pre-Juvenile, Well-Balanced Juvenile, Excel Prelim Plus, Excel Pre-Juvenile Plus, Excel Juvenile Plus, Excel Intermediate-Senior

Adult IJS Singles Free Skate-The following levels will be offered: **Adult Silver, Adult Gold, Masters Intermediate-Novice, and Masters Junior-Senior**. Please refer to the link below for specific information relating to the event categories and their requirements and restrictions <http://www.usfsa.org/shell?id=59254>. In addition, please refer to the 2019 Rulebook for General Rules related to the discipline of Singles skating.

PLANNED PROGRAM CONTENT (PPC):

Competitors participating in IJS events must submit their PPC via the EMS Skater Portal no later than **July 5th, 2019**. Program content must be entered under the Music & Program Content tab of your EMS for this competition.

[CLICK HERE FOR PPC SUBMISSION HOW TO](#)

If you need assistance, email productsupport@usfigureskating.org

6.0 JUDGING SYSTEM

The 6.0 Judging System will be used for:

Learn to Skate/Compete USA, Introductory Levels-Compulsory, Program and Showcase events will be offered at **Snowplow Sam through Basic 6, Pre-Free Skate through Free Skate 6, Adult 1 through 6, Adult Introductory Free Skate Program (Adult Beginner & Adult High Beginner)**. See requirements and restrictions in charts below. These events are tentatively scheduled for Sunday.

Excel 6.0 Free Skate- Events will be offered from **Beginner, High Beginner, Pre-Preliminary, Preliminary, Pre-Juvenile, and Juvenile**. Please refer to the link below for specific information relating to the event categories and their requirements and restrictions <http://www.usfsa.org/shell?id=59254>. In addition, please refer to the 2019 Rulebook for General Rules related to the discipline of Singles skating.

Well- Balanced Singles Free Skate-The following levels will be offered: **No-Test, Pre-Preliminary, Preliminary and Open Juvenile**. Please refer to the link below for specific information relating to the event categories and their requirements and restrictions <http://www.usfsa.org/shell?id=59254>. In addition, please refer to the 2019 Rulebook for General Rules related to the discipline of Singles skating.

Adult Well-Balanced Free Skate-The following events will be offered: **Adult Pre-Bronze, Adult Bronze**. Please refer to the link below for specific information relating to the event categories and their requirements and restrictions <http://www.usfsa.org/shell?id=59254>. Click on the Adult Singles Elements link. In addition, please refer to the 2019 Rulebook for General Rules related to the discipline of Adult Singles skating.

Adult Compulsory Moves-The following events will be offered: **Adult Pre-Bronze, Adult Bronze, Adult Silver, Adult Gold, Masters Intermediate-Novice and Masters Junior-Senior**. Please refer to the link below for specific information relating to the event categories and their requirements and restrictions <http://www.usfsa.org/shell?id=59255>. Click on the Adult Compulsory Moves (NQ) link.

Adult Spin Challenge-The following events will be offered: **Adult Beginner, Adult Pre-Bronze, Adult Bronze, Adult Silver, Adult Gold, Masters Intermediate/Novice, Masters/Junior/Senior**. Please refer to the link below for specific information relating to the event categories and their requirements and restrictions <http://www.usfsa.org/shell?id=59256>. Click on the Adult Spin Challenge link.

Adult Jumps Challenge-The following events will be offered: **Adult Beginner, Adult Pre-Bronze, Adult Bronze, Adult Silver, Adult Gold, Masters Intermediate/Novice, Masters/Junior/Senior**. Please refer to the link below for specific information relating to the event categories and their requirements and restrictions <http://www.usfsa.org/shell?id=59256>. Click on the Adult Jumps Challenge link.

Showcase-For Singles and Duets, the following levels will be offered: **No Test, Pre-Preliminary, Preliminary, Pre-Juvenile, Juvenile, Teen, Intermediate, Young Adult, Novice, Junior, Senior, Adult Pre-Bronze, Adult Bronze, Adult Silver, Adult Gold, Masters**. Light Entertainment and Dramatic Entertainment will be combined. Levels may also be combined. Mini Production and Production are also offered. Please refer to the link below for specific information relating to the event categories and their requirements and restrictions <http://www.usfsa.org/shell?id=59260>

REGISTRATION:

A registration desk will open approximately one hour before the first event of each day and stay open throughout the competition.

- 1) All skaters should register at the front desk one hour before their first event.
- 2) 20 minutes before the scheduled event time the skater is required to check in with the ice monitor.
- 3) Skaters who have not checked in with the ice monitor before their event warm-up begins will be considered withdrawn.

LOCKER ROOMS AND CHANGING AREAS:

Please click here to review the [Locker Rooms and Changing Area policy](#). More detailed information can be found in the [SafeSport Handbook](#).

PRACTICE ICE:

Practice ice sign-up will be available online one or two days after the schedule is posted. All practice ice will be available for purchase online through the EMS Skater Portal. A timeline for practice ice sales periods will be available for viewing on the Main page of your skater portal. All skaters are encouraged to purchase practice ice through EMS on their mobile devices.

PHOTO/VIDEO:

Except for the official video photographers, only handheld (no tripod) battery operated cameras will be permitted. FLASH PHOTOGRAPHY IS NOT PERMITTED AT ANY TIME. Vision Photo & Video, LLC will be available throughout the entire competition. All skaters competing under the International Judging System (IJS) will receive a complementary video. Skaters competing in 6.0 judging system events can purchase videos directly from Vision Photo & Video, LLC at their booth located rink side.

AWARDS:

Awards Ceremonies will take place upstairs in the Mitchell Lounge. The award schedule will be posted at the entrance to the Mitchell Lounge. Medals will be awarded to First, Second, Third, and Fourth place winners in all 6.0 and IJS events. All Learn to Skate/Compete USA skaters will be awarded medals.

Also, the following trophies will be awarded. Winners' names will be engraved on the perpetual trophies, and keepsakes are awarded for the skater to take home.

Special Trophies:

- o The FREDERICK A. KEIDEL MEMORIAL TROPHY will be awarded to an adult couple in dance. The dance judges will choose the recipients from among all adult dance couples.
- o The DOROTHY DODSON TROPHY will be awarded to a singles skater whose performance is deemed particularly outstanding. Skaters from every level will be considered for this award.

Event Trophies:

- o The President's Trophy for Senior Ladies Free Skating, donated by Mr. & Mrs. Thomas A. Ford
- o The Joseph A. Wheelock Trophy for Senior Short Dance (previously Senior Compulsory Dance).
- o The Moyer Trophy for Junior Ladies Free Skating, donated by Mr. & Mrs. George Moyer
- o The Mersereau Trophy for Junior Short Dance (previously Junior Compulsory Dance), donated by Mr. & Mrs. Emory P. Mersereau
- o The Rule Trophy for Novice Ladies Free Skating, donated by Mr. & Mrs. Joseph M. Rule
- o The Michael M. Cohen Memorial Trophy for Novice Men Free Skating
- o The Martin Cohen Trophy for Intermediate Ladies Free Skating
- o The Frank Trainer Trophy for Intermediate Men Free Skating
- o The Gerald Renault Memorial Trophy for Intermediate/Novice Spins

OFFICIAL NOTICES: An official bulletin board will be emailed prior to the start of the competition. During the competition, official notices will be posted at the registration window. It is the responsibility of each competitor, parent and coach to check the registration window frequently for any schedule changes and/or additional information. Skaters are requested to arrive one hour prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

TEST CREDIT:

Skaters that meet the requirements for test credit may request their test credit package at registration. There will be blank test credit request forms at registration that should be completed in advance so that the accountants are aware of your request. The test credit package must be picked up at registration desk prior to the end of the competition. The charge for the test credit package will be \$5 and will be paid at the registration desk.

IMPORTANT NOTICE FOR ALL COACHES:

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must be included within a skater's registration or updated through their EMS Skater Portal. All coach compliance is verified via EMS and is connected to the U.S. Figure Skating database.

U.S. Figure Skating athletes:

- Current member in good standing with U.S. Figure Skating
- Completed background check (green light status)
- Completed SafeSport Training*
- Continuing Education Requirements (CERs) for the 2019-2020 Competition Season
- Proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

Compete USA athletes:

- Learn to Skate USA Instructor membership OR U.S. Figure Skating full membership
- Completed SafeSport Training* (for coaches 18 years old and over)
- Completed background check (green light status) (for coaches 18 years old and over)

- Learn to Skate USA Instructor Certification completed (for coaches under 18 years old)

*SafeSport training is available through <http://www.usfsaonline.org> for full members of U.S. Figure Skating (through Learn to Skate USA portal for instructors). There is no cost to this training and certification is valid for 2 seasons

The LOC will have a list of compliant coaches via EMS, verified through the U.S. Figure Skating database who are approved to receive a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. There can be no exceptions to this policy.

For more information regarding Coach Compliance, please visit:
<http://usfsa.org/content/Coaches%20Requirements%20Chart.pdf>

SAFESPORT:

We follow all SafeSport policies and guidelines of USFS and the USOC.

CRITIQUES:

Critiques will be held for Pre-Juvenile and higher singles short program and free skate events and IJS adult events. No critiques for final rounds. Skaters and coaches are invited to gather in the Mitchell Lounge (upstairs) for their critique shortly after the conclusion of the event.

LODGING/TRAVEL:

Please check our website at www.skatewilm.com for hotel information. The nearest airport is Philadelphia airport which is approximately 30 minutes from the rink. There is also an Amtrak train station in downtown Wilmington that is approximately 10 minutes from the rink.

ADMISSION:

No admission fee will be charged for spectators. Note spectators may only throw wrapped flowers on the ice to ensure safety of the skaters.

CONTACT INFO:

Any questions regarding registration and/or applications can be e-mailed to lbetzler17@gmail.com.



2019 U.S. Figure Skating Solo Dance Series Events

Skate Wilmington 2019 is a participating competition within the 2019 Solo Dance Series.

2019 U.S. Figure Skating Solo Dance Series Events

The solo pattern dance event, solo combined event and shadow dance events are being offered as part of the 2019 U.S. Figure Skating Solo Dance Series and will be conducted in accordance with the 2019 Solo Dance Series Handbook found at https://fs12.formsite.com/USFSAIT/images/2019_Skater_Handbook.pdf

Please refer to the 2019 Solo Dance Series handbook for the current Series rules, levels and event requirements that will be in effect for this competition.

Solo Pattern Dance Event: The solo pattern dance event is comprised of two dances at each level. This event is being offered at the preliminary, pre-bronze, bronze, pre-silver, silver, pre-gold, gold and international levels.

Level	Dances
Preliminary	Canasta Tango Rhythm Blues
Pre-Bronze	Cha Cha Fiesta Tango
Bronze	Willow Waltz Ten-Fox
Pre-Silver	Foxtrot European Waltz
Silver	Tango Rocker Foxtrot
Pre-Gold	Blues Paso Doble
Gold	Argentine Tango Viennese Waltz
International	Yankee Polka Ravensburger Waltz

Refer to the 2019 Solo Dance Series Handbook for the solo pattern dance event rules, test requirements and details found at https://fs12.formsite.com/USFSAIT/images/2019_Skater_Handbook.pdf

Solo Combined Event: The solo combined dance event is comprised of both of the following:

- 1) **JUVENILE, INTERMEDIATE, NOVICE:** One solo pattern dance chosen by the referee out of two possible dances as selected by U.S. Figure Skating. This dance will not be posted until the starting order is posted at the competition.

Pattern Dance Selection for Juvenile: Willow Waltz and Ten Fox

Pattern Dance Selection for Intermediate: Fourteenstep and European Waltz

Pattern Dance Selection for Novice: American Waltz and Rocker Foxtrot

- 2) One solo free dance
JUNIOR, SENIOR: Solo Rhythm short dance

The pattern dances competed in the combined dance event are separate from those in the solo pattern dance event and the results will not count towards the solo pattern dance event or results. This event is offered at the juvenile, intermediate, novice, junior and senior levels. Refer to the 2019 Solo Dance Series Handbook https://fs12.formsite.com/USFSAIT/images/2019_Skater_Handbook.pdf for the combined event rules and details.

Shadow Pattern Dance: The shadow pattern dance event is offered for the preliminary through senior levels. Refer to the 2019 Solo Dance Series Handbook found at https://fs12.formsite.com/USFSAIT/images/2019_Skater_Handbook.pdf for the shadow pattern dance rules and event details.

Level	Dances
Preliminary	Dutch Waltz
Pre Bronze	Cha-Cha
Bronze	Ten Fox
Pre Silver	Fourteen Step
Silver	Rocker
Pre Gold	Killian
Gold/International	Westminster Waltz

SNOWPLOW SAM – BASIC 6 ELEMENTS

Two format options for the Elements Event:

1. Each skater will perform each element when directed by a judge/referee OR
2. Skater will perform one element at a time in the order listed below (no excessive connecting steps or choreography)

Judge/referee directed example: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice (determined by the LOC)
- No music
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant
- All elements must be skated in the order listed.

Level	Time	Skating rules/standards
Snowplow Sam	1:00 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:00 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:00 max.	<ul style="list-style-type: none"> • Forward one-foot glide (no variations), either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:00 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive • Forward slalom • Moving forward to backward two-foot turn on a circle • Beginning backward one-foot glide, either foot
Basic 4	1:00 max.	<ul style="list-style-type: none"> • Forward outside edge on a circle, clockwise or counterclockwise • Forward crossovers, 4-6 consecutive, clockwise and counterclockwise • Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive • Backward one-foot glides (no variations), right and left • Beginning two-foot spin, maximum 4 revolutions
Basic 5	1:00 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, clockwise and counterclockwise • Forward outside three-turn, right and left • Advanced two-foot spin, minimum 4 revolutions • Hockey stop
Basic 6	1:00 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Basic forward spiral on a straight line (no variations), right or left • Beginning one-foot spin, maximum 3 revolutions, optional free leg held position and entry • T-stop, right or left

SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice with music.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:10 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:10 max.	<ul style="list-style-type: none"> • Forward one-foot glide (no variations), either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive • Forward slalom • Moving forward to backward two-foot turn on a circle • Beginning backward one-foot glide, either foot
Basic 4	1:10 max.	<ul style="list-style-type: none"> • Forward outside edge on a circle, clockwise or counterclockwise • Forward crossovers, 4-6 consecutive, clockwise and counterclockwise • Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive • Backward one-foot glides (no variations), right and left • Beginning two-foot spin, maximum 4 revolutions
Basic 5	1:10 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, clockwise and counterclockwise • Forward outside three-turn, right and left • Advanced two-foot spin, minimum 4 revolutions • Hockey stop
Basic 6	1:10 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Basic forward spiral on a straight line (no variations), right or left • Beginning one-foot spin, maximum 3 revolutions, optional entry and free leg position • T-stop, right or left

PRE-FREE SKATE – FREE SKATE 1-6 COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music
- The skater must demonstrate the required elements listed
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max.	<ul style="list-style-type: none"> • Forward inside open Mohawk from a standstill position (R to L and L to R) • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • Basic one-foot upright spin, optional entry and free-foot position - minimum 3 revolutions • Mazurka • Waltz jump
Free Skate 1	1:15 max.	<ul style="list-style-type: none"> • Forward stroking, 4-6 consecutive powerful strokes • Backward outside three-turns, right and left • One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions • Toe loop • Half flip jump
Free Skate 2	1:15 max.	<ul style="list-style-type: none"> • Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis • Backward inside three-turns, right and left • Beginning back spin- maximum 2 revolutions • Half Lutz • Salchow jump
Free Skate 3	1:15 max.	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Waltz three-turns, 2 sets clockwise and 2 sets counterclockwise • Advanced back spin with free foot in crossed leg position- minimum 3 revolutions • Loop jump • Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum 3 revolutions • Half loop jump (Euler) • Flip jump
Free Skate 5	1:15 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum 3 revolutions • Waltz jump-loop jump combination • Lutz jump
Free Skate 6	1:15 max.	<ul style="list-style-type: none"> • Forward power pulls, minimum 3 on each foot • Camel, sit spin combination - minimum of 4 revolutions total • Waltz jump, half loop (Euler), Salchow jump combination • Beginning Axel jump

PRE-FREE SKATE – FREE SKATE 1-6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max.	<ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • Basic one-foot upright spin, optional entry and free-foot position- minimum 3 revolutions • Mazurka • Waltz jump • <i>NOT ALLOWED -Waltz jump, side toe hop, waltz jump</i>
Free Skate 1	1:40 max.	<ul style="list-style-type: none"> • Forward stroking, 4-6 consecutive powerful strokes • One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions • Toe loop jump • Half flip jump • <i>NOT ALLOWED – Waltz jump/toe loop combination</i>
Free Skate 2	1:40 max.	<ul style="list-style-type: none"> • Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis • Beginning back spin- maximum 2 revolutions • Half Lutz • Salchow jump • <i>NOT ALLOWED – Salchow/toe loop combination</i>
Free Skate 3	1:40 max.	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, minimum 3 revolutions • Loop jump • Waltz jump/toe loop or Salchow/toe loop jump combination • <i>NOT ALLOWED – Waltz/loop combination</i>
Free Skate 4	1:40 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin – minimum 3 revolutions • Half Loop jump (Euler) • Flip jump • <i>NOT ALLOWED – Waltz/half-loop/Salchow sequence</i>
Free Skate 5	1:40 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin – minimum 3 revolutions • Waltz-loop jump combination • Lutz jump
Free Skate 6	1:40 max.	<ul style="list-style-type: none"> • Creative step sequence using a variety of three turns, Mohawks and toe steps • Camel, sit spin combination - minimum of 4 revolutions total • Waltz jump/ half-loop (Euler)/Salchow jump combination • Beginning Axel jump

ADULT 1-6, BEGINNER-BRONZE COMPULSORY

- The skating order of the elements is optional. Element may only be attempted once.
- To be skated in simple program format with limited connecting steps, ½ ice.
- A 0.2 deduction will be taken for each element MISSING, REPEATED or from a higher level

Level	Time	Elements
Adult 1	1:30 Max.	<ul style="list-style-type: none"> • Forward Marching • Forward two-foot glide • Forward swizzle (4-6 in a row) • Forward snowplow stop – two feet or one foot
Adult 2	1:30 Max.	<ul style="list-style-type: none"> • Forward skating across the width of the ice • Forward one-foot glides • Forward slalom • Backward skating • Backward swizzles, 4-6 in a row
Adult 3	1:30 Max.	<ul style="list-style-type: none"> • Forward stroking using the blade properly • Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise • Forward chasses on a circle, clockwise and counterclockwise • Backward skating to a long two-foot glide • Backward snowplow stop, Right and Left
Adult 4	1:30 Max.	<ul style="list-style-type: none"> • Forward outside edge on a circle, right and left • Forward inside edge on a circle, right and left • Forward crossovers, clockwise and counterclockwise • Hockey stop, both directions • Backward one-foot glides, right and left
Adult 5	1:30 Max.	<ul style="list-style-type: none"> • Backward outside edge and backward inside edge on a circle, right and left • Backward crossovers, clockwise and counterclockwise • Forward outside three-turn, right and left • Beginning two-foot spin (min 2 revs)
Adult 6	1:30 Max.	<ul style="list-style-type: none"> • Forward stroking with crossover end patterns • Backward stroking with crossover end patterns • Forward inside three-turn, right and left • T-stop • Lunge • Two-foot spin into one-foot spin (min 2 revs on 1 foot)
Adult Beginner	1:30 Max.	<ul style="list-style-type: none"> • Bunny hop • Mazurka • Forward beginning one-foot spin from backward crossovers (min 2 revs) • Forward moving inside open Mohawk (right and left) – heel to instep • Alternating right and left forward outside and inside edges across the width of the ice (one outside edge, right and left, one inside edge, right and left)
Adult High Beginner	1:30 Max.	<ul style="list-style-type: none"> • Waltz Jump • ½ Flip • Forward upright spin – minimum 3 revolutions • Backward outside three- turn, right and left • Alternating right and left backward outside and inside edges across the width of the ice (one outside edge, right and left, one inside edge, right and left)

Adult Pre-Bronze	1:30 Max.	<ul style="list-style-type: none"> • Toe loop jump • Jump combination or sequence consisting of only ½ revolution jumps (half loop is considered a full revolution jump) – maximum of 2 jumps in combination and 3 jumps in a sequence • Forward upright spin - minimum 3 revolutions • Two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • Forward spiral (any edge)
Adult Bronze	1:30 Max.	<ul style="list-style-type: none"> • Salchow jump • Waltz jump – toe loop combination jump • Backward Upright Spin – entry optional (Min. 3 revolutions) • Backward inside three-turn, right and left • Spiral sequence (Minimum 2 spirals)- must change edge or foot

ADULT 1-6 FREE SKATE WITH MUSIC

General event parameters:

- The skating order of the required elements is optional.
- The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.
- To be skated on full ice
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous (lower) levels.
- A 0.2 deduction will be taken for each required element MISSING and for those elements performed from a higher level.

Level	Time	Elements
Adult 1	1:40 Max	<ul style="list-style-type: none"> • Forward Marching • Forward two-foot glide • Forward swizzle (4-6 in a row) • Forward snowplow stop – two feet or one foot
Adult 2	1:40 Max	<ul style="list-style-type: none"> • Forward skating across the width of the ice • Forward one-foot glides • Forward slalom • Backward skating • Backward swizzles, 4-6 in a row
Adult 3	1:40 Max	<ul style="list-style-type: none"> • Forward stroking using the blade properly • Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise • Backward skating to a long two-foot glide • Forward chasses on a circle, clockwise and counterclockwise • Backward snowplow stop, Right and Left
Adult 4	1:40 Max	<ul style="list-style-type: none"> • Forward outside edge on a circle, right and left • Forward inside edge on a circle, right and left • Forward crossovers, clockwise and counterclockwise • Backward one-foot glides, right and left • Hockey stop, both directions
Adult 5	1:40 Max	<ul style="list-style-type: none"> • Backward outside edge on a circle, right and left • Backward inside edge on a circle, right and left • Backward crossovers, clockwise and counterclockwise • Forward outside three-turn, right and left • Beginning two-foot spin
Adult 6	1:40 Max	<ul style="list-style-type: none"> • Forward stroking with crossover end patterns • Backward stroking with crossover end patterns • Forward inside three-turn, right and left • T-stop • Lunge • Two-foot spin into one-foot spin (min 2 revs on 1 foot)

ADULT BEGINNER – BRONZE FREE SKATE PROGRAM WITH MUSIC

General event parameters:

- Skaters will skate to the music of their choice and vocal music is allowed
- To be skated on full ice
- The minimum number of required spin revolutions is indicated in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Adult Beginner 1:40 Maximum	Max. 4 jump elements <ul style="list-style-type: none"> • Jumps limited to bunny hop, mazurka, ballet and Waltz jump • Max 1 combination or sequence consisting of only the allowed listed jumps • Max. 2 of any same jump 	Max. 2 spins <ul style="list-style-type: none"> • Two forward upright spins, no change of foot, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA Free Skate 1
Adult High Beginner 1:40 Maximum	Max 4 jump elements: <ul style="list-style-type: none"> • Jumps limited to bunny hop, mazurka, ballet, stag, split, waltz, ½ flip, ½ Lutz • Max 1 combination or sequence consisting of only the allowed listed jumps • Max. 2 of any same type jump. 	Max 2 spins: <ul style="list-style-type: none"> • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed any U.S. Figure Skating Free Skate tests
Adult Pre-Bronze 1:40 Maximum	Max 4 Jump Elements: <ul style="list-style-type: none"> • Jump combinations and sequences are optional, but no more than 2 combinations or sequences may be included • 1 jump combination/sequence may consist of three jumps, and the other may have only two jumps. • Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump) • Only single and half-revolution jumps are allowed • No single Lutz, single Axel or double jumps are allowed 	Max 2 Spins: <ul style="list-style-type: none"> • Max Level 1 • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 E) 	Connecting steps throughout the program are required	Skaters may not have passed tests higher than U.S. Figure Skating Adult Pre-Bronze or Pre-Preliminary Free Skate
Adult Bronze 1:50 maximum	Max 4 Jump Elements: <ul style="list-style-type: none"> • Max 2 combinations or sequences; • 1 combination/sequence may consist of three jumps, and the other may have only two jumps • Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) • All single jumps are permitted (except single Axel) • No single Axel, double or triple jumps are permitted 	Max 2 Spins: <ul style="list-style-type: none"> • Max Level 1 • Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) • Min 3 revs total if no change of foot • Min 3 revs each foot if change of foot • Min 2 revs in each position • No flying spins are permitted 	Max 1 Sequence: <ul style="list-style-type: none"> • Choreographic Step Sequence Must use at least ½ ice surface May include Moves in the Field and spirals	Skaters may not have passed tests higher than U.S. Figure Skating Adult Bronze or Preliminary Free Skate



SHOWCASE EVENTS

Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Costuming and make-up for showcase programs should enhance the feeling created by the performance, and reflect the meaning of the story or theme. Ornaments and hair accessories must be secure. No bobby pins, feathers, hair accessories, or anything else that may fall to the ice and be hazardous to the skaters are allowed. A 0.1 deduction will be taken. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute on and off and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.1 deduction will be assessed by the referee against each judge's mark for each ten seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice. Deductions will be made for skaters including technical elements not permitted in the event description.

* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on www.usfigureskating.org.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate-Free Skate 6/ Beginner/High Beginner/ Adult 1-6/ Adult Beginner/Adult High Beginner	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate or free dance tests.	Time: 1:30 max.
No Test	No prescribed or restricted elements.	Must not have passed Pre-Preliminary Free Skate or any Free Dance tests.	Time: 1:30 max.
Pre-Preliminary	No prescribed or restricted elements.	Must have passed no higher than U.S. Figure Skating Pre-Preliminary May not have passed any free dance test.	Time: 1:30 max.
Adult Pre-Bronze	No prescribed or restricted elements.	Must have passed no higher than Adult pre-Bronze free skate test. See National Showcase guidelines for more specific information regarding adults.	Time: 1:40 max.
Preliminary/ Adult Bronze	No prescribed or restricted elements.	Must have passed no higher than U.S. Figure Skating Preliminary free skate or Adult Bronze Free Skate or Free Dance test. See National Showcase guidelines for more specific information regarding adults.	Time: 1:40 max.