



**Skate Wilmington 2022**  
**The Skating Club of Wilmington, Inc.**  
**1301 Carruthers Lane, Wilmington, DE 19803**  
**www.skatewilm.com**  
**302-656-5005**  
**July 12-17, 2022**

**REGISTRATION OPENS: May 1, 2022**  
**REGISTRATION DEADLINE: June 10, 2022**

*Skate Wilmington 2022 is pleased to have been chosen by U.S. Figure Skating as a designated, official 2022 National Solo Dance Series competition. We are also offering Adult Competition Series events.*

*Registration for this competition will be accepted via [EMS](#) on the Members Only section of the USFS Website.*

Results/Skating Orders-<https://ijs.usfigureskating.org/leaderboard/results/2022/30390/index.asp>

Skate Wilmington 2022 will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and who are currently registered member of a U.S. Figure Skating member club, a collegiate club or who is an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. citizens.

#### **NATIONAL SOLO DANCE SERIES (NSDS):**

This competition has been approved by U.S. Figure Skating as an official 2022 Solo Dance Series competition. The solo pattern dance event, combined event and shadow dance events are being offered as part of the 2022. U.S. Figure Skating Solo Dance Series and will be conducted in accordance with the 2022 Solo Dance Series Handbook. Go to [Members Only](#) to find the Solo Dance Series Handbook, technical updates and more information on solo dance. Please refer to the 2022 Solo Dance Series Handbook for the current Series rules, levels and event requirements that will be in effect for this competition.

**ADULT COMPETITION SERIES:** Adult 1-6, adult beginner, adult high beginner, adult pre-bronze and adult bronze program/free skate events that meet Adult Competition Series guidelines are offered at this competition. Adult Competition Series participants must submit a photo, scanned copy, email attachment or screenshot of the results sheet to [adultcompetitionseries@gmail.com](mailto:adultcompetitionseries@gmail.com) by the deadline published in the most recent [Adult Competition Series Handbook](#) to receive credit and series points.

**ELIGIBILITY/TEST LEVEL:**

**Test Level:** Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Note, "skating up" one level is permitted by the LOC, but athletes may not skate down in any event.

**Age restrictions/requirements:** Age is determined as of the entry deadline in the discipline the skater is entering. Singles free skate events (well-balanced program) have the following requirements:

Juvenile: Girls – 12 years or younger; Boys – 13 years or younger  
Open Juvenile: Girls – 13 years or older; Boys – 14 years or older  
Intermediate must be under the age of 18  
Adults must be 21 years or older

Skaters entering pre-juvenile and lower events will be divided as closely as possible by age should the number of entries warrant more than one group.

**Adult Events:**

Age classes for all free skate and showcase events:

- Young Adult: 18 years through 20 years
- Class I: 21 years through 35 years
- Class II: 36 years through 45 years
- Class III: 46 years through 55 years
- Class IV: 56 years through 65 years
- Class V: 66 years and older

Age classes for all solo free dance and solo pattern dance events:

- Young Adult/Class I/II: 18 years through 45 years
- Class III/IV/V: 46 years and older

All age classes may be divided or combined depending on the number of entries and at the discretion of the chief referee and/or the competition committee. The chief referee reserves the right to request proof of age.

## **COMPETITION REGISTRATION:**

### **EMS REGISTRATION:**

Entries will be accepted via the EMS competition portal at <https://m.usfigureskating.org/competition/30390> with credit card only. Each transaction includes a 3% credit card fee.

**Registration Deadline: 06/10/2022 at 11:30 p.m. ET**

**Late Registration Deadline: 06/12/2022 at 11:30 p.m. ET + \$50 Late Fee**

Please register in a timely manner. **The LOC reserves the right to close entries early if full capacity is reached prior to June 10th.**

1. Go to <https://m.usfigureskating.org>
2. Enter your U.S. Figure Skating or if Compete USA events are offered, your Learn to Skate USA member number and password
  - a. If you need assistance with your member number and password, contact Member Services at [memberservices@usfigureskating.org](mailto:memberservices@usfigureskating.org).
3. Click EMS then "Competition Registration"
4. Choose "COMPETITION NAME" from the list of nonqualifying competitions.
  - a. If you need assistance completing your registration, contact [productsupport@usfigureskating.org](mailto:productsupport@usfigureskating.org).

**LATE ENTRIES:** At the discretion of the Local Organizing Committee, late entries may be accepted, subject to a \$50.00 late fee. There is no guarantee that late entries will be accepted.

**FOREIGN SKATERS:** Non-U.S. skaters intending to register for this competition must set up a non-member account prior to registering for the competition ([click here for HOW TO](#)). This can be done by choosing the "Create Account (Non-Member)" option on the [Members Only](#) login page.

**PARTNERED EVENTS:** Only one partner will complete registration for the team. During the registration process, you will be asked to identify your partner and verify their test information. **The registered partner will be responsible for managing all aspects of the competition for the team including music/PPC upload, practice ice sales, etc.**

### **MANDATORY ATHLETES:**

Athletes age 18+ as of the competition start date who will be competing on a team (i.e. synchro, dance, pairs, shadow dance, theatre, etc.) with at least one minor athlete must complete SafeSport training. \*

Minor Athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be SafeSport compliant until they have completed the training and their Members Only portal reflects completion. Please email [skatesafe@usfigureskating.org](mailto:skatesafe@usfigureskating.org) for instructions or questions regarding parental consent.

**REFUND POLICY:** Entry fees will not be refunded after entry deadline of June 10, 2022 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. Online processing fees are not refundable.

**SCHEDULE:** Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

**FACILITIES:** The competition will be held at The Skating Club of Wilmington which is a single-surface facility, 85' by 197' with plastic hockey boards. Located at Carruthers Lane, off East Park Drive near the intersection of I-95 and Route 202 (Concord Pike). First aid facilities are available at the rink. Locker rooms will be open for the competition, unless informed otherwise. Restrooms are at the far end of the rink. Warmup areas are outside due to Covid-19. The upstairs lounge will be a restricted area for officials only.

**ADDRESS:**

1301 Carruthers Lane, Wilmington, DE 19803  
(302) 656-5005, [www.skatewilm.com](http://www.skatewilm.com)

**FOOD:** There is full service cafe located off the lobby. It serves breakfast, lunch, dinner, and snacks. The cafe will be open every day of the competition. All food is also available for carryout. Outside food should not be brought into the rink.

**EMS MUSIC UPLOAD:**

**DEADLINE: JULY 1, 2022 11:30 p.m. ET**

Competitors participating in events with music are required to upload their music to the EMS Competition Portal at <https://m.usfigureskating.org/competition/30390> no later than July 1, 2022 ET at 11:30 p.m. After this date, skaters will be locked out of this feature and subject to a **\$15 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

**EMS SKATER MUSIC UPLOAD HOW TO: [CLICK HERE](#)**

***If you need assistance, email [productsupport@usfigureskating.org](mailto:productsupport@usfigureskating.org)***

All music must meet the following criteria. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

**MUSIC CRITERIA:**

- File Format: MP3
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
  - This will be verified by the music chair and they may request you upload a corrected file.

- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music on CD or digital copy (if you are accepting digital back up such as on a phone or memory stick) as a backup in case of technical difficulties and must be available rink side during the competition. Only CDs (standard CD-R format only) will be accepted for backups and must be clearly marked with the competitor's name, event, and running time.

### **EMS PLANNED PROGRAM CONTENT (PPC)**

**DEADLINE: JULY 1, 2022 11:30 p.m. ET**

Competitors participating in IJS events are required to submit PPC to the EMS Competition Portal at <https://m.usfigureskating.org/competition/30390> no later than July 1, 2022 11:30 p.m. ET. After this date, skaters will be locked out of this feature in EMS and subject to a **\$15 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

**EMS PPC UPLOAD HOW TO: [CLICK HERE](#)**

*If you need assistance, email [productsupport@usfigureskating.org](mailto:productsupport@usfigureskating.org)*

**LIABILITY:** U.S. Figure Skating and The Skating Club of Wilmington accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

**ONSITE REGISTRATION/CHECK-IN:** The registration desk at the rink entrance will open approximately one hour before the first event of each day and stay open throughout the last event of the day. Please register promptly upon arrival.

- 1) All skaters should register at the front desk one hour before their first event.
- 2) 20 minutes before the scheduled event time the skater is required to check in with the ice monitor.
- 3) Skaters who have not checked in with the ice monitor before their event warm-up begins will be considered withdrawn.

**LOCKER ROOMS AND CHANGING AREAS:** At this time, locker rooms will be available at this competition. This is subject to change if COVID-19 conditions worsen and competitors will be informed of any such change. Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes 11 years old and younger that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy and the SkateSafe Handbook (both found on the [U.S. Figure Skating SkateSafe](#) page). Athletes will be provided with an area to put skates on if they do not wish to use

locker rooms, but will not be permitted to change clothes or skates in public restrooms. Public restrooms are at the Skate Rental end of the rink.

**EMS PRACTICE ICE:** Practice ice sign-up will be available online one or two days after the schedule is posted. All practice ice will be available for purchase online through the EMS Competition Portal at <https://m.usfigureskating.org/competition/30390>. A timeline for practice ice sales periods will be available for viewing on the [Competition Information](#) of your skater portal. All skaters are encouraged to purchase practice ice through EMS on their mobile devices. Click on the EMS practice ice guidelines below for instructions on how to register for practice ice through EMS.

- [Open Sales](#)

Practice ice will be available at a cost of \$25 Open Sales purchase and will be announced on the website after the close of entries and the schedule has been determined. All practice ice must be purchased through EMS, there will be no onsite practice ice purchase at the competition, you must purchase through the EMS Competition Portal. No music will be played during practice ice.

**PHOTO/VIDEO:** Except for the official video photographers, only handheld (no tripod) battery operated cameras will be permitted. FLASH PHOTOGRAPHY IS NOT PERMITTED AT ANY TIME. Vision Photo & Video, LLC will be available throughout the entire competition. **All skaters competing will receive a complementary video.**

Note, per U.S. Figure Skating policy, photographing and/or recording of anyone other than your own skater is strictly prohibited. Please refer to the Basic Ice Usage and Skater Etiquette Information document found in the Club Resource section of Members Only.

**Note, per U.S. Figure Skating policy, photographing and/or recording of anyone other than your own skater is strictly prohibited.**

**AWARDS:** At this time, there will be no awards ceremonies due to Covid-19. Medals will be awarded to First, Second, Third, and Fourth place winners in all 6.0 and IJS events and they can be picked up at the awards table. All Learn-To-Skate participants will receive a medal. Also, the trophies below will be awarded and keepsakes will be awarded for the skater to take home. There will be an awards stand available for pictures.

**SPECIAL TROPHIES:**

- The DOROTHY DODSON TROPHY will be awarded to a singles skater whose performance is deemed particularly outstanding. Skaters from every level will be considered for this award.

**EVENT TROPHIES:**

- The President's Trophy for Senior Ladies Free Skating, donated by Mr. & Mrs. Thomas A. Ford
- The Moyer Trophy for Junior Ladies Free Skating, donated by Mr. & Mrs. George Moyer
- The Rule Trophy for Novice Ladies Free Skating, donated by Mr. & Mrs. Joseph M. Rule
- The Michael M. Cohen Memorial Trophy for Novice Men Free Skating
- The Martin Cohen Trophy for Intermediate Ladies Free Skating

- o The Frank Trainer Trophy for Intermediate Men Free Skating

**OFFICIAL NOTICES:** Any official notices prior to the competition start date will be emailed to competitors. During the competition, official notices will be posted at the registration window. It is the responsibility of each competitor, parent and coach to check the registration window frequently for any schedule changes and/or additional information. Skaters are requested to arrive one hour prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

**SKATING ORDERS AND RESULTS:** Skating orders and results will be posted online, there will be no posting of paper in the rink during the competition. A QR code link will be emailed to the competitors and coaches prior to the competition and there will be business cards with the QR code available at the registration desk.

**TEST CREDIT:** Skaters that meet the requirements for test credit may request their test credit forms at registration. There will be blank test credit request forms at registration and also available in advance from the SCW website at [www.skatewilm.com](http://www.skatewilm.com). The test credit package will be emailed to you at the conclusion of the competition. The charge for the test credit package will be \$5 and paid at the registration desk via check or credit card, no cash accepted.

**IMPORTANT NOTICE FOR ALL COACHES:**

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the compliance requirements listed below and verified by the U.S. Figure Skating. Coaches will need to check in at the event registration desk prior to the start of their first skater's event and show a government issued photo I.D. to receive a credential. As this competition is soon after the U.S. Figure Skating renewal period, all coaches are responsible to be compliant at the competition and bring proof of compliance if the U.S. Figure Skating website has not been updated.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. ***Coaches are not allowed to be at the boards coaching without a credential. There can be no exceptions to this policy.***

With EMS, a coach must be included within a skater's registration or updated through their EMS Skater Portal via "[My Coaches](#)." All coaches declared at the time of registration will be included on the skater's registration confirmation email. Note, there is no registration approval process within EMS as the data (membership and test level) is tied to the U.S. Figure Skating database. Non-compliant coaches will receive automated email reminders through the start of the competition.

**EMS Coach Resources** (\*include links in your announcement):

- [My Competitions](#)
- [My Skaters](#)
- [Coach Schedule](#)

Coach/Choreographer (domestic/non-foreign):

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. \*
  - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. \*
  - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Must complete the Professional Coach/Choreographer Coaching Education Requirement (CER) through the [Professional Skaters Association \(PSA\)](#).
- ✓ Must submit proof of general liability insurance with limits of \$1 million per occurrence/ \$5 million aggregate.
- ✓ Must agree to the U.S. Figure Skating Code of Ethics. \*
- ✓ Must complete three waivers: 1) Assumption of Risk, Waiver and Release and Indemnification Agreement, 2) Medical Consent and 3) Name and Likeness Release and Consent Agreement. \*
- ✓ If attending a qualifying competition or traveling as a part of Team USA and/or International Selection Pool (ISP), must be a full member of the [Professional Skaters Association \(PSA\)](#).

#### Learn to Skate USA Coach:

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member OR Learn to Skate USA instructor membership
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. \*
  - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. \*
  - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Learn to Skate USA Instructor Certification completed OR U.S. Figure Skating compliance coach (details above)

\* Accessible via U.S. Figure Skating Members Only Website:

[www.usfsaonline.org](http://www.usfsaonline.org) → Person Icon  or Account → Member Profile → Compliance

#### Foreign Coach/Choreographer:

- ✓ Required to present the LOC with a letter from their federation verifying they are a member in good standing.

For more information regarding Coach Compliance, please visit the [Coach Compliance](#) page.

#### **VOLUNTEER COMPLIANCE:**

**Reminder: compliant positions at all U.S. Figure Skating sanctioned events include key LOC members, locker room monitors and ALL medical event personnel.** To be considered compliant, an



approved volunteer serving in one of these positions must:

- ✓ Must submit information for, proper payment of \$30 and successfully pass a background check\*
  - The background check will be valid for two seasons, the one in which it was completed plus one additional
- ✓ Must complete annual SafeSport Training
  - The training will be valid for 365 days from date of completion and there is no cost for the training/certification \*

\* Accessible via U.S. Figure Skating Members Only website:

[www.usfsaonline.org](http://www.usfsaonline.org) → Person Icon → Account → Member Profile → Compliance

**CONTACT INFO:** Any questions regarding registration and/or applications can be e-mailed to the competition chairs at [SCWCompetitions@skatewilm.com](mailto:SCWCompetitions@skatewilm.com). The club website is <https://skatewilm.com/>.

Music related questions can be emailed to Debbie Martin, music chair at [d.martin6926@gmail.com](mailto:d.martin6926@gmail.com).

**SKATESAFE:** We follow all SafeSport policies and guidelines of U.S. Figure Skating and the United States Olympic and Paralympic Committee.

**CRITIQUES:** We will be offering critiques at this competition. Juvenile and higher singles short program and pre-juvenile and higher free skate events and IJS adult events are eligible for critiques

**HOSPITALITY:** The coach hospitality room will be located at the far end of the rink in the SCW pro room. We request you use social distancing when in the hospitality room.

**VENDORS:** There will be vendors available at this competition, but this is subject to change if Covid-19 conditions worsen.

**LODGING/TRAVEL:** Please check our website at <https://skatewilm.com/> for hotel information. The nearest airport is Philadelphia airport which is approximately 30 minutes from the rink. There is also an Amtrak train station in downtown Wilmington that is approximately 10 minutes from the rink.

**ADMISSION:** No admission fee will be charged for spectators, at this time only one parent/chaperone/guest per skater. Note spectators may not any flowers, wrapped or unwrapped, on the ice to ensure safety of the skaters.

**SECTION 2: Events Offered and Entry Fees: SEE CURRENT [RULEBOOK](#) OR [U.S. FIGURE SKATING WEBSITE](#) FOR RULES/REQUIREMENTS.**

**There will be no final rounds for events with more than one group.**

All registration fees are credit card only and include a processing fee paid by the skater (processing fee not included in price below). **All skaters competing will receive a video link of their performance.** If a skater enters both an IJS and a 6.0 event, the first event is priced as an IJS event (\$185 for singles

event), the second event is priced as a second 6.0 event (\$105).

If a skater enters multiple types of IJS events, the first event is priced (\$185 for singles event), with additional IJS events priced as secondary IJS events (\$125 for single event).

<b>U.S. FIGURE SKATING EVENTS</b>				
<b>SINGLES</b>	<b>IJS/6.0</b>	<b>1<sup>st</sup> EVENT</b>	<b>2<sup>nd</sup> EVENT</b>	<b>3<sup>rd</sup>+EVENT</b>
<a href="#">Excel Free Skate</a> (Beginner, High Beginner, Pre-Preliminary, Preliminary, and Pre-Juvenile)	6.0	\$140	\$105	\$105
<a href="#">Excel Free Skate</a> (Preliminary Plus, Pre-Juvenile Plus, Juvenile, Juvenile Plus, Intermediate, Intermediate Plus, Novice, Junior, and Senior)	IJS	\$185	\$125	\$125
<a href="#">Well Balanced Short Program</a> (2022-23) (Juvenile, Intermediate, Novice, Junior and Senior)	IJS	\$185	\$125	\$125
<a href="#">Well Balanced Free Skate</a> (2022-23) (No Test, Pre-Preliminary, Preliminary and Open Juvenile)	6.0	\$140	\$105	\$105
<a href="#">Well Balanced Free Skate</a> (2022-23) (Pre-Juvenile through Senior)	IJS	\$185	\$125	\$125
<a href="#">Adult Free Skate</a> (Adult Pre-Bronze – Master Jr/Sr)	IJS	\$185	\$125	\$125
<a href="#">Adult Beginner &amp; High Beginner Free Skate</a>	6.0	\$140	\$105	\$105
<b>PARTNERED ICE DANCE</b>	<b>JUDGING</b>	<b>1<sup>st</sup> EVENT</b>	<b>2<sup>nd</sup> EVENT</b>	<b>3<sup>rd</sup>+ EVENT</b>
Open Partnered Pattern Dance – see dances offered below	6.0	\$80	\$55	\$55
<b>SPECIALTY</b>	<b>JUDGING</b>	<b>1<sup>st</sup> EVENT</b>	<b>2<sup>nd</sup> EVENT</b>	<b>3<sup>rd</sup> +EVENT</b>
<a href="#">Compulsory Moves</a> (No Test–Senior)	6.0	\$140	\$105	\$105
<a href="#">Excel Compulsory Moves</a> (Excel Beg.–Excel Prelim.)	6.0	\$140	\$105	\$105
<a href="#">Adult Compulsory Moves</a> (Adult Beginner–Masters Jr/Sr)	6.0	\$140	\$105	\$105
<a href="#">Adult Jumps Challenge</a> (Adult Beginner–Masters Jr/Sr)	6.0	\$140	\$105	\$105
<a href="#">Adult Spins Challenge</a> (Adult Beginner–Masters Jr/Sr)	6.0	\$140	\$105	\$105
<a href="#">Adult Step Sequences</a> (Adult Pre-Bronze–Masters Sr)	6.0	\$140	\$105	\$105
<b>SOLO DANCE</b>	<b>JUDGING</b>	<b>1<sup>st</sup> EVENT</b>	<b>2<sup>nd</sup> EVENT</b>	<b>3<sup>rd</sup> EVENT</b>
<a href="#">Solo Pattern Dance</a> (participating in series)	IJS	\$185	\$125	\$125
<a href="#">Solo Combined Dance</a> (participating in series)	IJS	\$235	\$125	\$125
<a href="#">Shadow Dance</a> (participating in series-only one skater needs to register)	IJS	\$185	\$125	\$125
<a href="#">Adult Solo Pattern Dance</a>	6.0	\$140	\$105	\$105
<a href="#">Adult Solo Free Dance</a>	6.0	\$140	\$105	\$105
<b>COMPETE USA EVENTS</b>				
<a href="#">Snowplow Sam-Basic 6 Program w/ Music</a>	6.0	\$70	\$50	\$50
<a href="#">Pre-Free Skate – Free Skate 1-6 Program w/ Music</a>	6.0	\$70	\$50	\$50
<a href="#">Adult 1-6 Program w/ Music</a>	6.0	\$70	\$50	\$50
<a href="#">Adult Free Skate (Beg. – Bronze)</a>	6.0	\$70	\$50	\$50
<a href="#">Snowplow Sam – Basic 6 Elements</a>	6.0	\$70	\$50	\$50
<a href="#">Pre-Free Skate – Free Skate 1-6 Compulsory Moves</a>	6.0	\$70	\$50	\$50
<a href="#">Adult 1-6, Beginner – Bronze Compulsory Moves</a>	6.0	\$70	\$50	\$50
<a href="#">2021-22 Compete USA Manual</a>				

**OPEN PARTNERED PATTERN DANCE:**

Below are the open partnered ice dances. If same skater has two different partners, must be considered entered as separate teams.

<b>Open Partnered Pattern Dances offered</b>	<b>6.0 Judging System</b>
Dutch Waltz	2 sequences
Canasta Tango	2 sequences
Rhythm Blues	2 sequences
Cha Cha	2 sequences
Fiesta Tango	2 sequences
Swing Dance	2 sequences
Ten-Fox	2 sequences
Hickory Hoedown	2 sequences
Willow Waltz	2 sequences
Fourteenstep	4 sequences
Foxtrot	3 sequences
European Waltz	2 sequences
American Waltz	2 sequences
Rocker Foxtrot	3 sequences
Kilian	4 sequences
Paso Doble	2 sequences
Blues	2 sequences
Westminster Waltz	2 sequences



## SNOWPLOW SAM – BASIC 6 ELEMENTS

### Two format options for the Elements Event:

1. Each skater will perform each element when directed by a judge/referee OR
2. Skater will perform one element at a time in the order listed below (no excessive connecting steps or choreography)  
 Judge/referee directed example: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.
  - To be skated on 1/3 to 1/2 ice (determined by the LOC)
  - No music
  - Divide Snowplow Sam skaters by level (1-4), if registrations warrant
  - **All elements must be skated in the order listed.**

Level	Time	Skating rules/standards
Snowplow Sam	1:00 max.	<ul style="list-style-type: none"> <li>• March followed by a two-foot glide and dip</li> <li>• Forward two-foot swizzles, 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles, 2-6 in a row</li> </ul>
Basic 1	1:00 max.	<ul style="list-style-type: none"> <li>• Forward two-foot glide and dip</li> <li>• Forward two-foot swizzles, 6-8 in a row</li> <li>• Beginning snowplow stop on two-feet or one-foot</li> <li>• Backward wiggles, 6-8 in a row</li> </ul>
Basic 2	1:00 max.	<ul style="list-style-type: none"> <li>• Forward one-foot glide (no variations), either foot</li> <li>• Scooter pushes, right and left foot, 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two-foot turn in place, forward to backward</li> <li>• Backward two-foot swizzles, 6-8 in a row</li> </ul>
Basic 3	1:00 max.	<ul style="list-style-type: none"> <li>• Beginning forward stroking showing correct use of blade</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Moving forward to backward two-foot turn on a circle</li> <li>• Beginning backward one-foot glide, either foot</li> </ul>
Basic 4	1:00 max.	<ul style="list-style-type: none"> <li>• Forward outside edge on a circle, clockwise or counterclockwise</li> <li>• Forward crossovers, 4-6 consecutive, clockwise and counterclockwise</li> <li>• Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>• Backward one-foot glides (no variations), right and left</li> <li>• Beginning two-foot spin, maximum 4 revolutions</li> </ul>
Basic 5	1:00 max.	<ul style="list-style-type: none"> <li>• Backward outside edge on a circle, clockwise or counterclockwise</li> <li>• Backward crossovers, 4-6 consecutive, clockwise and counterclockwise</li> <li>• Forward outside three-turn, right and left</li> <li>• Advanced two-foot spin, minimum 4 revolutions</li> <li>• Hockey stop</li> </ul>
Basic 6	1:00 max.	<ul style="list-style-type: none"> <li>• Forward inside three-turn, right and left</li> <li>• Bunny Hop</li> <li>• Basic forward spiral on a straight line (no variations), right or left</li> <li>• Beginning one-foot spin, maximum 3 revolutions, optional free leg held position and entry</li> <li>• T-stop, right or left</li> </ul>



### SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice with music.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> <li>• March followed by a two-foot glide and dip</li> <li>• Forward two-foot swizzles, 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles, 2-6 in a row</li> </ul>
Basic 1	1:10 max.	<ul style="list-style-type: none"> <li>• Forward two-foot glide and dip</li> <li>• Forward two-foot swizzles, 6-8 in a row</li> <li>• Beginning snowplow stop on two-feet or one-foot</li> <li>• Backward wiggles, 6-8 in a row</li> </ul>
Basic 2	1:10 max.	<ul style="list-style-type: none"> <li>• Forward one-foot glide (no variations), either foot</li> <li>• Scooter pushes, right and left foot, 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two-foot turn in place, forward to backward</li> <li>• Backward two-foot swizzles, 6-8 in a row</li> </ul>
Basic 3	1:10 max.	<ul style="list-style-type: none"> <li>• Beginning forward stroking showing correct use of blade</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Moving forward to backward two-foot turn on a circle</li> <li>• Beginning backward one-foot glide, either foot</li> </ul>
Basic 4	1:10 max.	<ul style="list-style-type: none"> <li>• Forward outside edge on a circle, clockwise or counterclockwise</li> <li>• Forward crossovers, 4-6 consecutive, clockwise and counterclockwise</li> <li>• Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>• Backward one-foot glides (no variations), right and left</li> <li>• Beginning two-foot spin, maximum 4 revolutions</li> </ul>
Basic 5	1:10 max.	<ul style="list-style-type: none"> <li>• Backward outside edge on a circle, clockwise or counterclockwise</li> <li>• Backward crossovers, 4-6 consecutive, clockwise and counterclockwise</li> <li>• Forward outside three-turn, right and left</li> <li>• Advanced two-foot spin, minimum 4 revolutions</li> <li>• Hockey stop</li> </ul>
Basic 6	1:10 max.	<ul style="list-style-type: none"> <li>• Forward inside three-turn, right and left</li> <li>• Bunny Hop</li> <li>• Basic forward spiral on a straight line (no variations), right or left</li> <li>• Beginning one-foot spin, maximum 3 revolutions, optional entry and free leg position</li> <li>• T-stop, right or left</li> </ul>

# PRE-FREE SKATE – FREE SKATE 1-6 COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music
- The skater must demonstrate the required elements listed
- **Bonus skills from the same level or below are allowed but will not be judged elements.**
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max.	<ul style="list-style-type: none"> <li>• Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, one set each direction clockwise and counterclockwise</li> <li>• One-foot upright spin, optional entry and free-foot position - minimum 3 revolutions</li> <li>• Mazurka – right or left</li> <li>• Waltz jump</li> </ul>
Free Skate 1	1:15 max.	<ul style="list-style-type: none"> <li>• Forward stroking, 4-6 consecutive powerful strokes</li> <li>• Backward outside three-turn, right and left</li> <li>• One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions</li> <li>• Toe loop</li> <li>• Half flip jump</li> </ul>
Free Skate 2	1:15 max.	<ul style="list-style-type: none"> <li>• Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis</li> <li>• Backward inside three-turn, right and left</li> <li>• Beginning back spin, optional entry and free-foot position - maximum 3 revolutions</li> <li>• Half Lutz</li> <li>• Salchow jump</li> </ul>
Free Skate 3	1:15 max.	<ul style="list-style-type: none"> <li>• Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>• Waltz three-turns, 2 sets clockwise and 2 sets counterclockwise</li> <li>• Advanced back spin with free foot in crossed leg position- minimum 3 revolutions</li> <li>• Loop jump</li> <li>• Waltz jump/toe loop or Salchow/toe loop jump combination</li> </ul>
Free Skate 4	1:15 max.	<ul style="list-style-type: none"> <li>• Forward power 3's, 2-3 consecutive sets, right or left</li> <li>• Sit spin - minimum 3 revolutions</li> <li>• Euler (half loop jump)</li> <li>• Flip jump</li> </ul>
Free Skate 5	1:15 max.	<ul style="list-style-type: none"> <li>• Backward outside three-turn, Mohawk (backward power three-turn), 2-3 sets both directions</li> <li>• Camel spin - minimum 3 revolutions</li> <li>• Waltz jump/loop jump combination</li> <li>• Lutz jump</li> </ul>
Free Skate 6	1:15 max.	<ul style="list-style-type: none"> <li>• Forward power pulls, minimum 3 on each foot</li> <li>• Camel, sit spin combination - minimum of 4 revolutions total</li> <li>• Waltz jump/Euler (half loop)/ Salchow jump combination</li> <li>• Axel jump; minimum requirement is a clear attempt either stationary or moving</li> </ul>

# **PRE-FREE SKATE – FREE SKATE 1-6 PROGRAM WITH MUSIC**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- **Bonus skills from the same level or below are allowed but will not be judged elements.**
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max.	<ul style="list-style-type: none"> <li>• Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, one set each direction clockwise and counterclockwise</li> <li>• One-foot upright spin, optional entry and free-foot position- minimum 3 revolutions</li> <li>• Mazurka - right or left</li> <li>• Waltz jump</li> <li>• <i>NOT ALLOWED -Waltz jump, side toe hop, waltz jump</i></li> </ul>
Free Skate 1	1:40 max.	<ul style="list-style-type: none"> <li>• Forward stroking, 4-6 consecutive powerful strokes</li> <li>• One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions</li> <li>• Toe loop jump</li> <li>• Half flip jump</li> <li>• <i>NOT ALLOWED – Waltz jump/toe loop combination</i></li> </ul>
Free Skate 2	1:40 max.	<ul style="list-style-type: none"> <li>• Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis</li> <li>• Beginning back spin, optional entry and free-foot position, maximum 2 revolutions</li> <li>• Half Lutz</li> <li>• Salchow jump</li> <li>• <i>NOT ALLOWED – Waltz jump/toe loop and Salchow/toe loop combination</i></li> </ul>
Free Skate 3	1:40 max.	<ul style="list-style-type: none"> <li>• Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>• Advanced back spin with free foot in crossed leg position, minimum 3 revolutions</li> <li>• Loop jump</li> <li>• Waltz jump/toe loop or Salchow/toe loop jump combination</li> <li>• <i>NOT ALLOWED – Waltz/loop combination</i></li> </ul>
Free Skate 4	1:40 max.	<ul style="list-style-type: none"> <li>• Forward power 3's, 2-3 consecutive sets, right or left</li> <li>• Sit spin – minimum 3 revolutions</li> <li>• Euler (half loop jump)</li> <li>• Flip jump</li> <li>• <i>NOT ALLOWED – Waltz/loop and Waltz/Euler/Salchow combination</i></li> </ul>
Free Skate 5	1:40 max.	<ul style="list-style-type: none"> <li>• Backward outside three-turn, Mohawk (backward power three-turn), 2-3 sets both directions</li> <li>• Camel spin – minimum 3 revolutions</li> <li>• Waltz/loop jump combination</li> <li>• Lutz jump</li> </ul>
Free Skate 6	1:40 max.	<ul style="list-style-type: none"> <li>• Creative step sequence using a variety of three turns, Mohawks and toe steps, half-ice</li> <li>• Camel, sit spin combination - minimum of 4 revolutions total</li> <li>• Waltz jump/ Euler (half loop)/Salchow jump combination</li> <li>• Axel jump; minimum requirement is a clear attempt either stationary or moving</li> </ul>

## ADULT 1-6 FREE SKATE/PROGRAM WITH MUSIC

General event parameters:

- The skating order of the required elements is optional.
- The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.
- To be skated on full ice
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous (lower) levels.
- A 0.2 deduction will be taken for each required element MISSING and for those elements performed from a higher level.

Level	Time	Elements
Adult 1	1:30 Max	<ul style="list-style-type: none"> <li>• Forward Marching</li> <li>• Forward two-foot glide</li> <li>• Forward swizzle (4-6 in a row)</li> <li>• Forward snowplow stop – two feet or one foot</li> </ul>
Adult 2	1:40 Max	<ul style="list-style-type: none"> <li>• Forward skating across the width of the ice</li> <li>• Forward one-foot glides</li> <li>• Forward slalom</li> <li>• Backward skating</li> <li>• Backward swizzles, 4-6 in a row</li> </ul>
Adult 3	1:40 Max	<ul style="list-style-type: none"> <li>• Forward stroking using the blade properly</li> <li>• Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise</li> <li>• Backward skating to a long two-foot glide</li> <li>• Forward chasses on a circle, clockwise and counterclockwise</li> <li>• Backward snowplow stop, Right and Left</li> </ul>
Adult 4	1:40 Max	<ul style="list-style-type: none"> <li>• Forward outside edge on a circle, right and left</li> <li>• Forward inside edge on a circle, right and left</li> <li>• Forward crossovers, clockwise and counterclockwise</li> <li>• Backward one-foot glides, right and left</li> <li>• Hockey stop, both directions</li> </ul>
Adult 5	1:40 Max	<ul style="list-style-type: none"> <li>• Backward outside edge on a circle, right and left</li> <li>• Backward inside edge on a circle, right and left</li> <li>• Backward crossovers, clockwise and counterclockwise</li> <li>• Forward outside three-turn, right and left</li> <li>• Beginning two-foot spin</li> </ul>
Adult 6	1:40 Max	<ul style="list-style-type: none"> <li>• Forward stroking with crossover end patterns</li> <li>• Backward stroking with crossover end patterns</li> <li>• Forward inside three-turn, right and left</li> <li>• T-stop</li> <li>• Lunge</li> <li>• Two-foot spin into one-foot spin (min 2 revs on 1 foot)</li> </ul>





#### ADULT 1-6 COMPULSORY

- The skating order of the elements is optional. Element may only be attempted once.
- To be skated in simple program format with limited connecting steps, ½ ice.
- A 0.2 deduction will be taken for each element MISSING, REPEATED or from a higher level

Level	Time	Elements
Adult 1	1:30 Max.	<ul style="list-style-type: none"> <li>• Forward Marching</li> <li>• Forward two-foot glide</li> <li>• Forward swizzle (4-6 in a row)</li> <li>• Forward snowplow stop – two feet or one foot</li> </ul>
Adult 2	1:30 Max.	<ul style="list-style-type: none"> <li>• Forward skating across the width of the ice</li> <li>• Forward one-foot glides</li> <li>• Forward slalom</li> <li>• Backward skating</li> <li>• Backward swizzles, 4-6 in a row</li> </ul>
Adult 3	1:30 Max.	<ul style="list-style-type: none"> <li>• Forward stroking using the blade properly</li> <li>• Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise</li> <li>• Forward chasses on a circle, clockwise and counterclockwise</li> <li>• Backward skating to a long two-foot glide</li> <li>• Backward snowplow stop, Right and Left</li> </ul>
Adult 4	1:30 Max.	<ul style="list-style-type: none"> <li>• Forward outside edge on a circle, right and left</li> <li>• Forward inside edge on a circle, right and left</li> <li>• Forward crossovers, clockwise and counterclockwise</li> <li>• Hockey stop, both directions</li> <li>• Backward one-foot glides, right and left</li> </ul>
Adult 5	1:30 Max.	<ul style="list-style-type: none"> <li>• Backward outside edge and backward inside edge on a circle, right and left</li> <li>• Backward crossovers, clockwise and counterclockwise</li> <li>• Forward outside three-turn, right and left</li> <li>• Beginning two-foot spin (min 2 revs)</li> </ul>
Adult 6	1:30 Max.	<ul style="list-style-type: none"> <li>• Forward stroking with crossover end patterns</li> <li>• Backward stroking with crossover end patterns</li> <li>• Forward inside three-turn, right and left</li> <li>• T-stop</li> <li>• Lunge</li> <li>• Two-foot spin into one-foot spin (min 2 revs on 1 foot)</li> </ul>



## SHOWCASE EVENTS

Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Costuming and make-up for showcase programs should enhance the feeling created by the performance and reflect the meaning of the story or theme. Ornaments and hair accessories must be secure. No bobby pins, feathers, hair accessories, or anything else that may fall to the ice and be hazardous to the skaters are allowed. A 0.1 deduction will be taken. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute on and off and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.1 deduction will be assessed by the referee against each judge's mark for each ten seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

\* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on [www.usfigureskating.org](http://www.usfigureskating.org).

Showcase categories may include:

- Levels can be subdivided or combined, if necessary, depending on entry numbers and event set up to ensure performances are contested as per [the guidelines](#).
- Dramatic entertainment: Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness. Dramatic programs should not be depressing. Even if the emotion is sadness, there should be an enlivened feeling given to the audience.
- Light entertainment: Programs should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Duets: Theatrical/artistic performances by any competitors.
- Mini production ensembles: Theatrical performances by three to seven competitors.
- Production ensembles: Theatrical performances by eight to 30 skaters. Theater On Ice teams are eligible as production ensembles. NOTE: Skaters may enter only one each duet, mini production or production event.

## SHOWCASE EVENTS

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate-Free Skate 6/ Beginner/High Beginner/ Adult 1-6/ Adult Beginner/Adult High Beginner	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate or free dance tests.	Time: 1:30 max.
No Test	No prescribed or restricted elements.	Must not have passed Pre-Preliminary Free Skate or any Free Dance tests.	Time: 1:30 max.
Pre-Preliminary	No prescribed or restricted elements.	Must have passed no higher than U.S. Figure Skating Pre-Preliminary May not have passed any free dance test.	Time: 1:30 max.
Adult Pre-Bronze	No prescribed or restricted elements.	Must have passed no higher than Adult Pre-Bronze free skate test. See National Showcase guidelines for more specific information regarding adults.	Time: 1:40 max.
Preliminary/ Adult Bronze	No prescribed or restricted elements.	Must have passed no higher than U.S. Figure Skating Preliminary free skate or Adult Bronze Free Skate or Free Dance test. See National Showcase guidelines for more specific information regarding adults.	Time: 1:40 max.



## **SPECIALTY:**

### **SPECIALTY-EXCEL COMPULSORY**

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice
- No music
- The skater must demonstrate the required elements listed
- A 0.2 deduction will be taken for each element performed from a higher level
- Skaters may have the option to skate one level higher in compulsories than free skate program

Level	Time	Skating rules/standards
Excel Beginner	1:15 max.	<ul style="list-style-type: none"><li>• Toe loop jump</li><li>• Salchow jump</li><li>• One-foot upright spin, minimum 3 revolutions</li><li>• Choreographic step sequence</li></ul>
Excel High Beginner	1:15 max.	<ul style="list-style-type: none"><li>• Loop jump</li><li>• Salchow-toe loop jump combination</li><li>• Sit spin, minimum 3 revolutions</li><li>• Choreographic step sequence</li></ul>
Excel Pre-Preliminary	1:15 max.	<ul style="list-style-type: none"><li>• Flip jump</li><li>• Loop-loop jump combination</li><li>• Upright spin with change of foot, minimum 3 revolutions on each foot</li><li>• Choreographic step sequence</li></ul>
Excel Preliminary	1:15 max.	<ul style="list-style-type: none"><li>• Lutz jump</li><li>• Flip-loop jump combination</li><li>• Camel-sit combination spin, minimum 6 revolutions total</li><li>• Choreographic step sequence</li></ul>

**SPECIALTY-ADULT BEGINNER-BRONZE COMPULSORY**

- The skating order of the elements is optional. Element may only be attempted once.
- To be skated in simple program format with limited connecting steps, ½ ice.
- A 0.2 deduction will be taken for each element MISSING, REPEATED or from a higher level

Level	Time	Elements
Adult Beginner	1:30 Max.	<ul style="list-style-type: none"> <li>• Mazurka</li> <li>• Waltz jump</li> <li>• Forward beginning one-foot spin from backward crossovers (min 2 revs)</li> <li>• Forward moving inside open Mohawk (right and left) – heel to instep</li> <li>• Alternating right and left forward outside and inside edges across the width of the ice (one outside edge, right and left, one inside edge, right and left)</li> </ul>
Adult High Beginner	1:30 Max.	<ul style="list-style-type: none"> <li>• Waltz Jump</li> <li>• ½ Flip</li> <li>• Forward upright spin – minimum 3 revolutions</li> <li>• Backward outside three- turn, right and left</li> <li>• Alternating right and left backward outside and inside edges across the width of the ice (one outside edge, right and left, one inside edge, right and left)</li> </ul>
Adult Pre-Bronze	1:30 Max.	<ul style="list-style-type: none"> <li>• Single toe loop jump</li> <li>• Jump combination or sequence consisting of half revolution jumps (½ flip, ½ Lutz, ½ loop, waltz), toe loop, or Salchow – maximum of 2 jumps in combination and 3 jumps in a sequence</li> <li>• Forward upright spin - minimum 3 revolutions</li> <li>• Two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>• Forward spiral (any edge)</li> </ul>
Adult Bronze	1:30 Max.	<ul style="list-style-type: none"> <li>• Single Salchow jump</li> <li>• Jump combination or sequence consisting of ½ revolution jumps and/or full revolution jumps (no Lutz or Axel) – maximum 2 jumps in combination and 3 jumps in a sequence</li> <li>• Solo spin with no change of foot (min. 3 revolutions)</li> <li>• Backward inside three-turn, right and left</li> <li>• Spiral sequence (Minimum 2 spirals)- must change edge or foot</li> </ul>

## SPECIALTY-ADULT BEGINNER – BRONZE FREE SKATE PROGRAM WITH MUSIC

General event parameters:

- Skaters will skate to the music of their choice and vocal music is allowed
- To be skated on full ice
- The minimum number of required spin revolutions is indicated in parentheses following the spin description. Revolutions must be in position.

Level and Time	Jumps	Spins	Step Sequences	Qualifications
Adult Beginner 1:40 Maximum	Max. 4 jump elements Jumps limited to bunny hop, mazurka, ballet and Waltz jump Max 1 combination or sequence consisting of only the allowed listed jumps Max. 2 of any same jump	Max. 2 spins Two forward upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA Free Skate 1
Adult High Beginner 1:40 Maximum	Max 4 jump elements: Jumps limited to bunny hop, mazurka, ballet, stag, split, waltz, ½ flip, ½ Lutz, ½ loop, toe loop, Salchow Max 1 combination or sequence consisting of only the allowed listed jumps Max. 2 of any same type jump.	Max 2 spins: Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed any U.S. Figure Skating Free Skate tests
Adult Pre-Bronze 1:40 Maximum	Max 4 Jump Elements: Max 2 combinations or sequences 1 jump combination may contain 3 jumps, and the other may contain only 2 jumps Jump sequence is any listed jump immediately followed by an Axel-type jump Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump) Only single and half-revolution jumps are permitted No single Lutz, single Axel, double or triple jumps are permitted	Max 2 Spins: Max Level 1 Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 E) Min 3 revs Spins with a flying entry are not permitted	Connecting steps throughout the program are required	Skaters may not have passed tests higher than U.S. Figure Skating Adult Pre-Bronze or Pre-Preliminary Free Skate
Adult Bronze 1:50 maximum	Max 4 Jump Elements: Max 2 combinations or sequences 1 combination may contain 3 jumps, and the other may contain only 2 jumps Jump sequence is any listed jump immediately followed by an Axel-type jump Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump) All single jumps are permitted (except single Axel) No single Axel, double or triple jumps are permitted	Max 2 Spins: Max Level 1 Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E)) Min 3 revs total if no change of foot Min 3 revs each foot if change of foot Min 2 revs in each position No flying spins are permitted	Max 1 Sequence: 1 choreographic step sequence, fully utilizing at least ½ of the ice surface (may include moves in the field and spirals) Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.	Skaters may not have passed tests higher than U.S. Figure Skating Adult Bronze or Preliminary Free Skate